



# NUTRITION ASSISTANCE

Dusty's Food Pantry  
(TAMIU students only)

956-326-2265

<https://www.tamtu.edu/foodpantry/>

Bethany House Food Pantry &  
Soup Kitchen

956-722-4152

<https://bethanyhouseoflaredo.org/>

Joseph Store House

956-568-0502

<https://newvisioncommunitychurch.org/joseph-store-house/>

Rio Bravo Food Bank

956-771-1841

<https://rio-bravo-food-bank>

South Texas Food Bank

956-726-3120

<https://www.southtexasfoodbank.org/>

Laredo Regional Food Bank

956-723-3725

<http://laredoregionalfoodbank.org/>

TX Health & Human Services  
Commission -SNAP

956-764-5200

<https://www.hhs.texas.gov/services/food/snap-food-benefits>

Meals on Wheels-Senior Mobile Food  
Pantry

956-722-6078

<https://www.webbcountytx.gov/CommunityActionAgency/MealsonWheels/>