



**CATALOG YEAR 2006**  
**(Please use separate form for each add/change)**

COLLEGE/SCHOOL : College of Education

Current Catalog Page(s) Affected p. 178

**Course:** Add: \_\_\_\_\_ Delete: \_\_\_\_\_ Change: Number \_\_\_\_\_ Title \_\_\_\_\_  
(check all that apply) SCH \_\_\_\_\_ Description \_\_\_\_\_ Prerequisite \_\_\_\_\_

If new, provide Course Prefix, Number, Title, SCH Value, Description, prerequisite, and lecture/lab hours if applicable. If in current catalog, provide change and attach page with changes in red and provide a brief justification.

**BACHELOR OF SCIENCE  
WITH A MAJOR IN FITNESS AND SPORTS  
(NON-CERTIFICATION)**

Following is **one** suggested four-year degree plan. Students are encouraged to see their advisor each semester for help with program decisions and enrollment. Students are responsible for reviewing the **Program of Study Requirements**.

\*See the University Core Curriculum Requirements in **Appendix A** for approved list of course options.

\*\* See **Appendix B** for approved list of minors and requirements.

FALL		HOURS	SPRING		HOURS
<b>FRESHMAN YEAR</b>					
ENGL	1301	<u>English Composition I</u>	3	ENGL	1302 <u>English Composition II</u> 3
HIST	1301	<u>The U.S to 1877</u>	3	HIST	1302 <u>The U.S Since 1877</u> 3
MAT	1314	<u>College Algebra</u>	3	COMM	<u>Communication</u> <sup>1</sup> 3
H		Visual/Performing Arts	3	EDFS	2310 <u>Officiating</u> 3
EDFS	2301	<u>Found of Fitness&amp;Sports</u>	<u>3</u>	EDFS	2325 <u>First Aid</u> <u>3</u>
<b>Total</b>			<b>15</b>		<b>15</b>

SOPHOMORE YEAR			SOPHOMORE YEAR		
SCI		Science Elective	4		<u>Soc/Behavioral Science</u> * 3
PSCI	2305	<u>American National Govt</u>	3	PSCI	2306 <u>American State Govt</u> 3
EDFS	1101	<u>Aerobic Activities</u>	1	ENGL	<u>Survey of Literature</u> * 3
EDFS	1104	<u>Beginner Swimming</u>	1	BIOL	Biology Elective <sup>2</sup> 4
EDFS	2300	<u>Physical Fitness</u>	3	EDFS	1111 <u>Weight Training &amp; Cond</u> 1
EDFS	2303	<u>Athletic Training</u>	<u>3</u>	EDFS	1152 <u>Health and Wellness</u> <u>1</u>
<b>Total</b>			<b>15</b>		<b>15</b>

**JUNIOR YEAR**

EDFS 2316	<u>Health &amp; Movement</u>	3
EDFS 3300	<u>Exercise Physiology</u>	3
EDFS 3301	<u>Coaching</u>	3
EDFS 3305	<u>Teaching Physical Ed</u>	3
	<u>Minor Curriculum**</u>	<u>3</u>

**Total** **15**

**JUNIOR YEAR**

MATH	<u>Math Elective</u> <sup>3</sup>	3
EDFS 4300	<u>Biomechanics</u>	3
EDFS 4301	<u>Tests and Measurements</u>	3
	<u>Minor Curriculum**</u>	3
	<u>General Elective</u> <sup>4</sup>	3
	<u>Adv General Elective</u> <sup>4</sup>	<u>3</u>

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**SENIOR YEAR**

EDFS 4307	<u>Sports Management</u>	3
	Adv Minor Curriculum	3
	Adv Minor Curriculum	3
	<u>Advanced General Elective</u> <sup>4</sup>	3
	<u>Advanced General Elective</u> <sup>4</sup>	<u>3</u>

**Total** **15**

**SENIOR YEAR**

EDFS 4305	<u>Adapted Physical Activity</u>	3
	Adv Minor Curriculum	3
	Adv Minor Curriculum	3
	<u>Advanced General Elective</u> <sup>4</sup>	<u>3</u>

**12**

**TOTAL SEMESTER CREDIT HOURS: 120**

<sup>1</sup>Communication, select 3 SCH from ENGL 2311, HUM 2301 or SPCH 1311.

<sup>2</sup>Select 4 SCH from BIOL 1470 or BIOL 2401

<sup>3</sup>Math elective, select 3 SCH from any math course above the level of College Algebra.

<sup>4</sup>Electives, select 15 SCH with at least 12 SCH at the 3000-4000 level.

**Justification:** Students pursuing a Bachelor of Science with a Major in Fitness and Sports (non-certification) do not need to take EDFs 3305: Teaching Physical Education since they are not in route to becoming a certified physical education teacher. In place of EDFs 3305 we would like for it to read: Fitness and Sports elective, select 3 SCH from any fitness and sports course at the 3000-4000 level.

**Program:** Add: \_\_\_\_\_ Change: \_\_\_\_\_ Attach new/changed Program of Study description and 4-year plan. If in current catalog, provide change and attach page with changes in red.

**Minor:** Add: \_\_\_\_\_ Delete: \_\_\_\_\_ Change: \_\_\_\_\_ Attach new/changed minor. If in current catalog, provide change and attach page with changes in red.

**Faculty:** Add: \_\_\_\_\_ Delete: \_\_\_\_\_ Change: \_\_\_\_\_ Attach new/changed faculty entry.  
If in current catalog, provide change and attach page with changes in red.

**College Introductory Pages:** Add information: \_\_\_\_\_ Change information: \_\_\_\_\_  
Attach new/changed information. If in current catalog, provide change and attach page with changes in red.

Approvals:	Signature	Date
Chair Department Curriculum Committee	_____	_____
Chair Department	_____	_____
Chair College Curriculum Committee	_____	_____
Dean	_____	_____