Catalog Change Form

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CATALOG YEAR <u>2011-2012</u> (Please use separate form for each add/change)				
COLLEGE/SCHOO		EDUCATION		
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Program: Add: Change: Attach new/changed Program of Study description and 4-year plan. If in current catalog, provide change and attach page with changes in red. Minor: Add: Delete: Change: Attach new/changed minor. If in current catalog, provide change and attach page with changes in red. Faculty: Add: Delete: Change: Attach new/changed faculty entry. If in current catalog, provide change and attach page with changes in red. College Introductory Pages: Add information: Change information: Attach new/changed information. If in current catalog, provide change and attach page with changes in red. Other: Add information: Change information: Attach new/changed information. If in current catalog, provide change and attach page with changes in red.				
Approvals:		Signature		Date
Chair Department Curriculu	m Committee			
Chair Department				
Chair College Curriculum C	ommittee			
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EDFS 1135 Beginning Volleyball

One semester hour.

This course explores psycho-social concepts such as team work, effective communication and problem solving skills through a series of physical activities through the sport of volleyball. One hour lecture and one hour laboratory per week.

TEXAS A&M INTERNATIONAL UNIVERSITY College of Education Department of Teacher Preparation

EDFS 1135 Beginning Volleyball

Instructor: Wendy McManus

Room: KCB 107F

Office Hours: 8:00 a.m. 3:00 p.m. Office Phone: (956) 326-3701

E-mail: wmcmanus@tamiu.edu

<u>Course Description:</u> This course explores psycho-social concepts such as team work, effective communication and problem solving skills through a series of physical activities through the sport of volleyball.

Student Performance Outcomes:

- Students will be able to identify one another's strengths, and to learn to support and coach one another.
- Students will show group processing--leadership, decision making, communication, and conflict resolution.
- Students will be able to state of the importance of regular exercise and physical activity for the maintenance of good health and wellness.
- Students will develop and apply good principles in exercise.
- Students will evaluate the effects and benefits of exercise and physical activity.
- Students will show physical and social skills that enhance students' psychological and emotional well-being.
- Students will be able to state the importance of cooperative interaction and mutual respect.
- Students will state the importance of individual accountability.
- Students will develop the basic skills of volleyball.

REQUIRED READING

(Individual handout information shall be provided related to team strategy, rules for participation, codes of conduct/behavior, etc.)