Change the prefix for all fitness and sports courses from EDFS to KINE and all kinesiology courses from EDKN to KINE. The courses this change will be applied to are listed below the signature section.

Justification:

Our Fitness and Sports program is very similar to traditional Kinesiology programs. Laredo Community College lists all similar courses as Kinesiology, and the term “Kinesiology” is more universally recognized than the term “Fitness and Sports.” The great majority of higher education institutions that use four letter prefixes designate kinesiology courses with KINE.

Approvals:

Chair  
Department Curriculum Committee

Chair  
Department

Chair  
College Curriculum Committee

Dean

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FITNESS AND SPORTS (EDFS)
EDFS 1101 Aerobic Activities
EDFS 1102 Team Activities
EDFS 1104 Beginner Swimming
EDFS 1111 Weight Training and Conditioning
EDFS 1130 Golf
EDFS 1131 Beginning Baseball
EDFS 1132 Beginning Softball
EDFS 1133 Beginning Basketball
EDFS 1134 Beginning Soccer
EDFS 1135 Beginning Volleyball
EDFS 1139 Beginning Tennis
EDFS 1152 Health and Wellness
EDFS 1173 Varsity Athletics
EDFS 2300 Physical Fitness
EDFS 2301 Foundations of Fitness and Sports
EDFS 2303 Athletic Training
EDFS 2310 Officiating
EDFS 2315 Health and Movement
EDFS 2325 First Aid
EDFS 3300 Exercise Physiology
EDFS 3301 Coaching
EDFS 3305 Teaching Physical Education
EDFS 4300 Biomechanics
EDFS 4301 Tests and Measurements
EDFS 4302 Advanced Athletic Training
EDFS 4303 Therapeutic Modalities
EDFS 4305 Adapted Physical Activity
EDFS 4307 Sports Management
EDFS 4199/4399 Issues in Kinesiology
EDFS 5305 Exercise, Nutrition and Energy Metabolism
EDFS 5311 Performance Enhancement in Sports
EDFS 5321 Pedagogical Research on Teaching Physical Education
EDFS 5323 Curriculum in Physical Education

KINESIOLOGY (EDKN)
EDKN 5301 Advanced Exercise Physiology
EDKN 5303 Physiology of Aging
EDKN 5307 Exercise and Chronic Disease
EDKN 5313 Applied Sports Psychology