KINE 3307
Health and Physical Education for the Elementary School

Course Description:
This course focuses on developmentally appropriate programs and instructional strategies for teaching health and physical education to elementary school aged children. Fundamental motor skills, health-related physical fitness, safety and healthy lifestyles will be emphasized. Prerequisite: PSYC 2314; Admitted to and in good standing in the College of Education

Student Learning Outcomes:
1. Demonstrate knowledge of areas in health and physical education, including body systems and development, illness and disease, nutrition and fitness
2. Use knowledge of appropriate sequencing of motion acquisition to plan physical activities for students, including motor skills, agility and balance, dance steps and sequences, and movement sequences that combine traveling, rolling, balancing, and weight transfer.
3. Apply knowledge of content and curriculum based on the Texas Essential Knowledge and Skills (TEKS) to implement effective, developmentally appropriate health and physical education programs for elementary education students.
4. Apply knowledge and skills to help elementary students understand the benefits of a healthy, physically active lifestyle, including participation in activities that promote wellness.

Justification: This course is being added to the BSIS in Elementary Education (EC-6) programs to better align the program with state standards for teacher preparation programs.
Minor: Add: ___ Delete: ___ Change: ___ Attach new/changed minor. If in current online catalog, provide change and attach text with changes in red.

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Approvals:

Chair
Department Curriculum Committee

Chair
Department

Chair
College Curriculum Committee

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Signature

Date

02/2012