

ASSESSMENT REPORT FOR

Bachelor of Science Degree in Fitness and Sports (non-certificate) (BS)
Instructional Degree Program

Spring 2004

Assessment Period Covered

June 1, 2004

Date Submitted

Expanded Statement of Institutional Purpose Linkage:

Institutional Mission Reference:

Texas A&M International University, a Member of The Texas A&M University System, is committed to the preparation of students for leadership roles in their chosen profession and in an increasingly complex, culturally diverse state, national, and global society ... Through instruction, faculty and student research, and public service, Texas A&M International University is a strategic point of delivery for well-defined programs and services that improve the quality of life for citizens of the border region, the State of Texas, and national and international communities.

College/University Goal(s) Supported:

The mission of the College of Education at Texas A&M International University is to provide for educators a comprehensive and coherent professional development system that links all aspects of the educational profession. Through educational experiences provided by the system, educators will be prepared to provide learner-centered instructional experiences that promote excellence and equity for all students in the field.

Intended Educational (Student) Outcomes:

- 1.** Students will be able to program an event in EDFS 4307 Organizational Administration of Sports and Fitness Programs.
- 2.** Students will score an average of 80% on scouting reports using a common rubric developed by the Fitness and Sports faculty. Students will observe and report on the strengths, weaknesses, offense,

defense, and game plans of teams to help them acquire the requisite knowledge to effectively learn coaching skills.

3. . Students will be able to teach a recreational activity.

4. Students will be able to observe a variety of school and community events to become better informed about the fitness and sports programs in these different contexts.

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Intended Educational (Student) Outcome:

NOTE: There should be one form for each intended outcome listed. The intended outcome should be restated in the box immediately below and the intended outcome number entered in the blank spaces.

 1 Students will score with 75% accuracy in programming an activity based on a common rubric designed by Fitness and Sports faculty.

First Means of Assessment for Outcome Identified Above:

1 a. **Means of Program Assessment & Criteria for Success:**

Students will program with 75% accuracy an activity based on a common rubric designed by Fitness and Sports faculty.

1 a. **Summary of Assessment Data Collected:**

Out of a population of 20 students, four groups were formed to program an activity. The activity rubric was comprised of 12 areas: 1.) Title and Purpose of activity, 2.) Objectives (A minimum of five objectives was required and objectives had to be measurable), 3.) Timeline (A minimum of 10 tasks were completed in preparation for this event, and a timeline for completion of each task was developed.); 4.) Description of the events (Three to five sentences were formulated to describe the event.); 5.) List of committee members (Could include others besides class participants.) 6.) Rules (At least five rules were devised and had to be followed for completion of the activity.); 7)

Eligibility (At least three statements were devised to describe the specific criteria that needed to be met to participate in the activity.); 8.) Number of community hours generated. (Identify contributors as a group and the total number of hours each group devoted to the activity. The groups can be students in the course, other adults, or other students., 9.) Letters from parents, community members, school and facility officials, and participants acknowledging students' participation in the activity and appreciation for providing the children with this type of activity. 10.) Funding sources (Names of individuals / organizations that provided funding to sponsor the activity were provided by the students.) 11.) Evaluation (Results should be aligned to objectives. Report the number of participants, identify any problems that were encountered, and explain how they were handled.); 12.) Pictures (At least 10 pictures taken the day of the event). The students exceeded the 75% criterion on the 12 areas indicated above.

__1__ a. Use of Results to Improve Instructional Program:

Students' performance data were examined by the Fitness and Sports faculty and insights will be incorporated into the teaching and learning experiences provided throughout the Fitness and Sports program. Faculty also decided to continue to use the 12 components depicting the criteria that help to define this task, since the thoroughness helps students acquire a deep understanding of how to plan, implement, monitor, and possibly modify a Fitness and Sports activity for a group of individuals.

Second Means of Assessment for Outcome Identified Above:

__1__ b. Means of Program Assessment & Criteria for Success:

Students will design a power point presentation to demonstrate their ability to program an event.. Students will score an average of 75% on the power point presentation as assessed through a common rubric developed by the Fitness and Sports faculty.

__1__ b. Summary of Assessment Data Collected:

Out of a population of 20 students, four groups were formed to program the power point presentation. The activity rubric was comprised of 12 areas: 1.) Title and Purpose, 2.) Objectives (A

minimum of five objectives were devised, and objectives had to be measurable.), 3.) Timeline (A minimum of 10 tasks were completed in preparation for this event. A timeline for the completion of each task was developed.); 4.) Description of the events (Three to five sentences were formulated to describe the event.) 5.) List of committee members (Could include others besides class participants.) 6.) Rules (At least five rules were devised and had to be followed to complete the activity.); 7.) Eligibility (At least three statements were used to describe the criteria that needed to be met to participate in the activity.); 8.) Number of community hours generated. (Identify contributors as a group and the total number of hours of each group, the groups can be students in the course , other adults, and other students., 9.) Letters (parents, community members, school and facility officials, participants.) 10.) Funding sources (Provide a detailed report) 11.) Evaluation (Results should be aligned to objectives, report the number of participants, identify problems that came up and how they were handled) 12.) Pictures (At least 10 pictures taken the day of the event).The students exceeded the 75% criterion on the 12 areas indicated above.

__1__ b. Use of Results to Improve Instructional Program:

Students' performance data were examined by the Fitness and Sports faculty and insights will be incorporated into the teaching and learning experiences provided throughout the Fitness and Sports program. Faculty also decided to continue to use the 12 components depicting the criteria that help to define this task, since the items help students acquire a deep understanding of how to plan, implement, monitor, and possibly modify a Fitness and Sports activity for a group of individuals.

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 2 Students will score an average of 80% on scouting reports using a common rubric developed by the Fitness and Sports faculty. Students will observe and report on the strengths, weaknesses, offense, defense, and game plans of teams to help them acquire the requisite knowledge to effectively learn coaching skills.

First Means of Assessment for Outcome Identified Above:

2 **a. Means of Program Assessment & Criteria for Success:**

Students will prepare scouting reports with at least 80% accuracy as assessed by a common rubric developed by the Fitness and Sports faculty. The reports should depict the strengths, weaknesses, offense, defense, and game plans of teams.

2 **a. Summary of Assessment Data Collected:**

Out of a population of 30 students, six scouting groups were formed to assess two football games. On the average, students who participated in the assessment incorporated 88% of the items on the coaching rubric. The coaching rubric was comprised four areas: 1.) Personnel (number of players, classification, weight, height, overall attitude and

work ethic) 2.) Offense (basic offensive set, five best running plays, five best passing plays, trick plays) 3.) Defense (basic defense, stunts, weaknesses) 4.) Special teams (kick-off team, kick-off receiving, punting team, punt receiving team, extra point kicker). The students exceeded the 80% criterion on the four areas indicated above.

__2__ a. Use of Results to Improve Instructional Program:

The data mentioned above was reviewed by Fitness and Sports Program faculty who agreed to continue to address these issues in appropriate courses.

Second Means of Assessment for Outcome Identified Above:

__2__ b. Means of Program Assessment & Criteria for Success:

Students will analyze various game plans (e.g., those developed for baseball, football, basketball, volleyball, hockey, and soccer games) with an average of 80% accuracy based on a common rubric.

__2__ b. Summary of Assessment Data Collected:

Out of a population of 30 students, six game plan groups were formed to assess two football games. On the average, students who participated in the assessment correctly addressed more than 90% of the items on the game plan rubric. The game plan rubric consisted of four areas: 1.) (Personnel (number of players, classification, weight, height, overall attitude and work ethic) 2.) Offense (basic offensive set, five best running plays, five best passing plays, trick plays) 3.) Defense (basic defense, stunts, weaknesses) 4.) Special teams (kick-off team, kick-off receiving, punting team, punt receiving team, extra point kicker). The students exceeded the 80% criterion on the four areas indicated above.

__2__ b. Use of Results to Improve Instructional Program:

Students' performance data has been reviewed by Fitness and Sports faculty members, and the insights gained will be used to help guide and support students as they develop their own coaching game plans

in a variety of sports.

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 3 Students will be able to teach a recreational activity.

First Means of Assessment for Outcome Identified Above:

3 a. Means of Program Assessment & Criteria for Success:

Students will score an average of 80% on a recreational activity lesson plan using a common rubric designed by the Fitness and Sports faculty.

3 a. Summary of Assessment Data Collected:

Twenty-eight students taught a lesson using a common rubric that was designed by the Fitness and Sports faculty. The activity rubric was comprised of three areas: 1.) Preparation (use of visual aids, visibility of aids.) 2.) Content (attention getting, clear, substantive transitions.) 3.) Delivery (eye contact, minimal reliance on notes, energy, posture, avoidance of "ah" and "um" expressions; appropriate use of gestures, volume, and rate of speech; acceptable length of time). The first two criteria were used in the lesson planning process. The third criterion was used in the execution of the lesson plan. The students exceeded

the 80% criterion on the first two areas indicated above.

__3__ a. Use of Results to Improve Instructional Program:

The Fitness and Sports Program faculty reviewed the above data and agreed to continue to address these issues in appropriate courses.

Second Means of Assessment for Outcome Identified Above:

__3__ b. Means of Program Assessment & Criteria for Success:

Students will score at or near 85% on the execution of the lesson plan using a common rubric developed by the Fitness and Sports faculty.

__3__ b. Summary of Assessment Data Collected:

Twenty-eight students taught a lesson using a common rubric that was designed by the fitness and sports faculty. The activity rubric was comprised of three areas: 1) Preparation (use of visual aids, visibility of aids.); 2) Content (attention getting, clear, substance transitions.); 3) Delivery (eye contact, reliance on notes, energy, posture, avoidance of "ah", "um", expressions and gestures, volume, rate of speech, acceptable time). The first two were used in the lesson planning process. The third area was used in the execution of the lesson plan. The students exceeded the 85% criterion in the third area indicated above.

__3__ b. Use of Results to Improve Instructional Program:

The Fitness and Sports Program faculty reviewed the above data and agreed to continue to address these issues in appropriate courses.

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 4 Students will be able to observe a variety of school and community events to become better informed about the fitness and sports programs in these different contexts.

First Means of Assessment for Outcome Identified Above:

4 a. Means of Program Assessment & Criteria for Success:

Students will document at least 100 hours of observation in the following areas:

- Schools
- Coaching
- Community

Students will be given a form to document hours of observation , the focus of the observation will be on describing the different types of fitness and sport activities taking place at different sites. See attached.

4 a. Summary of Assessment Data Collected:

Data will be collected in the December 2004.

__4__ a. Use of Results to Improve Instructional Program:

Because implementation of this assessment will begin in Fall 2004, no results are available at this time.

Second Means of Assessment for Outcome Identified Above:

__4__ b. Means of Program Assessment & Criteria for Success:

Students will complete 100% of observations and record their observations on a form that is placed in a file in the Fitness and Sport department.

__4__ b. Summary of Assessment Data Collected:

Data will be collected in the December 2004.

__4__ b. Use of Results to Improve Instructional Program:

Because implementation of this assessment will begin in Fall 2004, no results are available at this time.

Observation Form

Fitness and Sport Program

College of Education

Texas A&M International University

Name: _____.

Major: _____.

Minor: _____.

	Date	Hours	Name of Event
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

16			
Total:			