# TAMIU ENRICHMENT DAY 2015 (Thursday, May 28, 2015)

**Student Center Ballroom**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<td>9:00am – 9:15am</td>
<td>WELCOME</td>
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| 9:15am – 10:15am | **1ST ENRICHMENT SESSION**  
Emotional Intelligence for Success |
| 10:15am – 11:15am | **2ND ENRICHMENT SESSION**  
Critical Thinking |
| 11:15am – 11:45am | Lunch                                       |
| 11:45am – 1:30pm | Employee Service Awards  
Outstanding Employee Awards  
Degree Completion Recognitions  
Leadership Recognitions  
SECC Recognition Certificates  
The Great Stampede Recognitions  
Healthy U Presentations |
| 1:30pm – 2:30pm | **3RD ENRICHMENT SESSION**  
Leadership Excellence |
| 2:30pm – 2:45pm | REFRESHMENT BREAK                           |
| 2:45pm – 3:45pm | **4TH ENRICHMENT SESSION**  
TEAM BUILDING |
| 3:45pm – 4:45pm | **5TH ENRICHMENT SESSION**  
LIGHTEN UP WITH LAUGHTER |

*Emotional Intelligence for Success* by Ramiro Aguilar  
Learn the benefits of recognizing feelings in yourself and others, managing emotions, and balancing thoughts and feelings

*Critical Thinking* by Gretchen Saenz  
This session focuses on how to think critically and the benefits of critical thinking in the workplace.

*Leadership Excellence* by Dr. Mark Menaldo, Assistant Professor, Department of Social Sciences  
The Greek origin of the word “virtue: - arête, literally excellence. How to use the arête as a principle for life.

*Team Building* by Dr. Milton R. Mayfield and Dr. Jacqueline R. Mayfield, Department of Int’l Business & Technology Studies  
This presentation will develop and strengthen organizational commitment among Texas A&M International University team members. This team building session will be implemented with a lecture, experiential exercise, and team discussion.

*Lighten up with Laughter* by Denise Longoria  
The joy of laughter!! Laughter has so many benefits, including some that we are not even aware of.