

TAMIU



SCS Student
Counseling Services
Promoting Student Success

Are you a Veteran?

Student Counseling Services is here to support you.

We promote veteran student success through reintegration programming and personal counseling. Our focus is on you and your family.

As a **TAMIU** student, you have access to counseling services without additional charge.



Why do students come in for **counseling**?

- Anxiety-Stress Management
- Academic Difficulties
- Depression
- Coping with Disabilities
- Goal Setting
- Adjustment Difficulties
- Family and Work Stressors
- Relationship Problems
- Substance Abuse
- Exploration of Values and Beliefs
- Post Traumatic Stress
- Personal Assault
- Family Breakdown
- Self-Esteem
- Time Management
- Loss and Grief
- Identity Development
- Premarital Counseling
- Social Withdrawal
- Isolation
- Self Awareness

**Call us or stop by for an appointment.
Walk-ins are welcome**

Texas A&M International University
5201 University Boulevard
Student Center 124
Laredo, Texas 78041-1980
326-2230
tamiu.edu/counseling