

Zumba December 2011 Fitness Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30-7:20 am	 ZUMBA [®] FITNESS Liz G.		 ZUMBA [®] FITNESS Liz G.		Serious body sculpting for party animals.	
12:25-1:15 pm		 ZUMBA [®] FITNESS Sandra L.	 ZUMBA [®] Rm 225 toning Sandra L.		 ZUMBA [®] Rm 225 toning Sandra L.	
5:00-5:50 pm	 ZUMBA [®] FITNESS @ 4:30-5:20pm Juan P.	 ZUMBA [®] FITNESS (Rm 205) Liz G.	Ditch the workout  Join the Party!			4:15-5:15pm  ZUMBA [®] FITNESS Beatriz V.
5:30-6:30 pm				 ZUMBA [®] FITNESS @ 5:45-6:45pm Martin G.	 ZUMBA [®] FITNESS Martin G.	
6:40-7:40 pm			 ZUMBA [®] FITNESS Martin G.			
7:30-8:30 pm (Room 205)	 ZUMBA [®] FITNESS Ervin D.					
7:45-8:45 pm		 ZUMBA [®] Rm 225 toning Sandra L.		 ZUMBA [®] FITNESS Juan P.		