



DODGEBALL RULES

(Updated December 11, 2009)

THE MATCH

Matches will be decided using a “best of five” format in which the first team to win three (3) games will be declared the winner (During the Regular Season). A ten (10) minute time limit has been set for each match. If no team has been eliminated at the end of ten (10) minute match, then the team with the greater number of wins will be declared the winner. In the case that each team has won an equal number of games at the conclusion of the ten (10) minutes, then team who has the most amount of players remaining on the court will be declared the winner. If a tie still exists then a sudden death begins and the team that loses the first player will be declared the loser of the match. **PLAYOFFS:** All matches will be decided using a “best of seven” format in which the first team to win (4) games will be declared the winner and a 15 minute time limit will be set for the match (Please see above rules when time expires).

BOUNDARIES

During play, all players must remain within the boundary lines (cones). Players may leave the boundaries only to retrieve stray balls; however, you are subject to be hit and declared out. If you are caught throwing a ball from outside the boundary area, you will be declared out! **No exceptions.**

TEAM:

Teams will be made up of five (5) players with a minimum of two (2) players to start a match. Once “a game” starts no substitution will be allowed for ANY reason. **The maximum players a team roster can have will be seven (7) (All divisions).**

THE GAME:

Game Time is FORFEIT TIME. If a team does not have the minimum number of players to play, then a forfeit can be claimed the opposing team.

The object of the game is to eliminate all opposing players by getting them “OUT”. This may be done by:

1. **Hitting an opposing player with a thrown ball below the shoulders.** However, if a player ducks or is on the ground, their whole body is free game.
2. **Catching a ball thrown by your opponent before it touches the ground.** Furthermore, if player A throws a ball and it hit an opponent B then stays in the air and is caught by another player from Team B, the original player A thrower is “OUT”.
3. While waiting to catch a ball in the air you get hit with a ball, you are “OUT”. Your catch means nothing because you were struck with a ball first.
4. Participants **MUST** wear athletic-type shoes. **No bare feet or socks.**
5. **All decisions made by any Intramural Staff official are FINAL.** Therefore, arguing about a ruling will not be tolerated and can affect your Team Sportsmanship Rating.