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CATALOG 2003-2004 (Please use separate form for each add/change)

COLLEGE: College of Education

EDFS 4305 Adaptive Physical Activity

EDFS 4307 Sports Management

Catalog Page(s) Affected: <u>To Be Determined</u>						
Course: Add:x Delete: Change: Number Title						
(check all that apply) SCH Description Prerequisite						
If new, provide Course Prefix, Number, Title, SCH Value, Description, prerequisite, and lecture/lab hours if applicable. If in current catalog, provide change and attach page with changes in red and provide a brief justification. <u>Please see reverse side of this page.</u>						
The Department of Curriculum & Instruction requests authority to:						
• Deliver 12 semester credit hours in Fitness and Sport to add a support field in the Bachelor of Arts Degree in English.						
Nine semester credit hours to be selected from:						
EDFS 2301 Foundations of Physical Education						
EDFS 3301 Coaching						
EDFS 2316 Health & Movement						
Three semester credit hours to be selected from:						
EDFS 3300 Exercise Physiology						

Rationale: At least 10 students from the College of Arts and Sciences have indicated a strong interest in obtaining a support field in Fitness and Sport. It is very likely that we will attract other students from other Major Fields e.g., Biology, History, etc. These teachers will be specially prepared to teach English and coach. Furthermore, individuals completing a Bachelor of Arts Degree with a support field in Fitness and Sports will be eligible to receive an annual stipend currently being provided by the state of Texas to these individuals who coach. In essence, this additional dimension will make these individuals more marketable when they seek employment.

The description for each of the proposed minor in fitness and sport courses is provided below. Each of these courses is already part of the current course inventory.

EDFS 2301 Foundations of Physical Education – This course gives students an overview of physical education/kinesiology, including current and historical concepts of the psychological and sociological concepts related to fitness and sports.

EDFS 3301 Coaching - This course deals with elements of current rules and mechanics of officiating individual person sports. Prerequisites: Junior standing and admission to the College of Education.

EDFS 2316 Health & Movement - This course introduces the student to the developmentand process of movement skill acquisition in children and methods to provide movement and health practices in the classroom. This course will not satisfy the 1 hour activity or wellness course required in the core curriculum.

And one of these other three courses

EDFS 3300 Exercise Physiology - The focus of the course is on the basic physiological adaptations to exercise. Prerequisites: BIOL 1470, junior standing and admission to the College of Education.

EDFS 4305 Adaptive Physical Activity - The course deals with the identification of problems within the psychomotor domain and the development of strategies for remediating these problems. Prerequisites: BIOL 1470, EDFS 3300, EDFS 4300, junior standing and admission to the College of Education.

EDFS 4307 Sports Management - This course deals with the development of local, state, and national policies concerning athletic eligibility, contest management, and other managerial concerns. Prerequisites: Senior standing and admission to the College of Education.

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Approvals:	Signature	Date
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