

**BACHELOR OF SCIENCE  
MAJOR IN KINESIOLOGY  
(NON CERTIFICATION)**

Following is a suggested four-year degree plan. Students are encouraged to see their advisor each semester for help with program decisions and enrollment; responsible for reviewing the **Program of Study Requirements**; and must meet **foreign language** and **writing intensive course** requirements for graduation. See Academic Regulations-Undergraduate online.

\*See the **University Core Curriculum Requirements in Appendix A** for approved list of course options.

\*\* See **Appendix C** for approved list of minors and requirements.

<b>FALL</b>	<b>HOURS</b>	<b>SPRING</b>	<b>HOURS</b>
<b>FRESHMAN YEAR</b>		<b>FRESHMAN YEAR</b>	
ENGL 1301 English Composition I	3	ENGL 1302 English Composition II	3
BIOL 2301 Anatomy & Physiology I	3	KINE 1111 Weight Training & Cond	1
BIOL 2101 Anatomy & Physiology I Lab	1	PSYC 2314 Lifespan Growth & Development	3
KINE 1101 Aerobic Activities	1	UNIV 1402 Signature Course	4
MATH 1314 College Algebra	3	SCI Science Elective <sup>1</sup>	3
UNIV 1101 Learning in a Global Context I	1	SCI Science Elective Lab <sup>1</sup>	1
	<u>3</u>		
<b>Total</b>	<b>15</b>		<b>15</b>
<b>SOPHOMORE YEAR</b>		<b>SOPHOMORE YEAR</b>	
HIST 1301 The U.S to 1877	3	HIST 1302 The U.S Since 1877	3
PSCI 2305 American National Govt	3	PSCI 2306 American State Govt	3
KINE 1104 Beginner Swimming	1	KINE 2300 Physical Fitness	3
KINE 1152 Health and Wellness	1	BIOL 2302 Anatomy & Physiology II	3
KINE 2225 First Aid	2	BIOL 2102 Anatomy & Physiology II Lab	1
KINE 2301 Found of Fitness & Sport	3	Language, Philosophy & Culture*	<u>3</u>
KINE Kinesiology Elective	1		
MATH Math Elective <sup>2</sup>	<u>3</u>		
<b>Total</b>	<b>17</b>		<b>16</b>
<b>JUNIOR YEAR</b>		<b>JUNIOR YEAR</b>	
KINE 2303 Athletic Training	3	KINE 3303 Personal Training	3
KINE 3300 Exercise Physiology	3	KINE 3307 Exercise and Nutrition	3
KINE 3301 Coaching	3	KINE 3308 Life Time Sports and Activities	3
KINE 3302 Health Promotion	3	KINE 4300 Biomechanics	3
KINE 3306 Exercise Psychology	<u>3</u>	KINE 4302 Adv Athletic Training	<u>3</u>
<b>Total</b>	<b>15</b>		<b>15</b>
<b>SENIOR YEAR</b>		<b>SENIOR YEAR</b>	
KINE 4301 Tests and Measurements	3	KINE 4307 Sports Management (WIN)	3
KINE 4303 Therapeutic Modalities	3	KINE 4308 Exercise Stress Testing	3
KINE 4305 Adapted PE	3	KINE 4309 Exercise and Aging	3
KINE 4306 Motor Control and Learning	3	KINE 4399 Topics in Kinesiology	<u>3</u>
KINE 4399 Topics in Kinesiology	<u>3</u>		
<b>Total</b>	<b>15</b>		<b>12</b>

**TOTAL SEMESTER CREDIT HOURS: 120**

<sup>1</sup>Select 4 SCH from the sciences (CHEM [1370/1170](#) Survey of Chemistry and lab are recommended).

<sup>2</sup>Math elective, select 3 SCH from any math course above the level of College Algebra.

*Actual degree plans may vary depending on availability of courses in a given semester.  
Some courses may require prerequisites not listed.*