8 WEEK PERSONAL TRAINER PROGRAM

Program Summary: NASM’s comprehensive curriculum is based on scientific research, fitness expert experience, and is directly aligned with critical occupational competencies including those defined by the Bureau of Labor Statistics Occupational Outlook. The Program aligns scientific content areas, laboratory performance domains and occupational skills for students to get a blend of classroom and hands on learning.

The NAMS 8 Week Personal Trainer Program is supported by knowledge and skill assessment that help to measure student progress. The custom accelerated program features:

- High-quality educational resources
- Centrally located Instructor resources
- Student resource center
- Robust lesson-plan and assessment materials created by instructors and NASM fitness experts
- Occupationally-relevant activities create by instructors and fitness experts

Certification: Upon successful completion of NCCA accredited credentialing exam, graduates earn the distinction as a Certified Personal Trainer (CPT) from NASM. Certification is only the beginning. When you become an elite NASM certified professional, you open the door to numerous career path opportunities.

Dates:  
Online: February 4, 2013—April 6, 2013  
Class: February 6, 2013—April 3, 2013  
  Live every Wednesday from 6:00 - 8:00 PM  
Internship: Scheduled with Gold’s Gym during Scheduled Class  
Location: TBA

Cost: $1,300

Financial Aid Options!  
SallieMae Loan and Payment Plans (call 956-326-3068)

For More info:  
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