

- What's New?
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# APA 7

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# NOTE:

- Although this information presents the latest guidelines on APA 7 formatting style, always remember to consult your professor's instructions and syllabi in order and defer to their preferences if they differ from the APA 7's guidelines.

# WHAT'S NEW IN APA 7? LOOKING BACK AT APA 6

## In-Text Citations:

1. For in-text citations for works with three or more authors, shorten it **right away**; only include the first author's name and "et al." EX: (Capital, Strom, and Burke et. al) is now just (Capital, et. al).

## Reference page:

2. The "Publisher" location is no longer included in references. (i.e. New York, San Francisco, London, etc.)
3. Surnames, and initials for up to 20 authors need to be listed for a single source in the Reference list. Before, it was only 7 authors.
4. The text "DOI" is gone. Now, format DOIs like URLs.
5. The text "Retrieved from" is no longer used in References *unless* a retrieval date is needed. Include the website name, unless it is the same as the author name. Web Page titles are italicized.
6. For ebooks, the format, platform, or device (e.g. Kindle) is no longer included.
7. There are new rules to include Other Contributors, for example, writers, directors, hosts, illustrators, etc.
8. New media citations such as podcasts, social media posts, hashtags, and so on now have citation rules on APA.

# WHAT'S NEW? (CONTINUED)

## Style:

1. Bias-free and inclusive language is now the norm:
  1. Singular “they” and “their” pronoun is endorsed as a gender-neutral pronoun.
  2. Instead of using adjectives as nouns to label groups (“the poor”, “the disabled”), APA’s standards use person-first language (“people living in poverty”, “people who are disabled”).
  3. Instead of broad categories, APA’s standard uses exact age ranges. EX: “People over 65 years old” becomes “People in the age range of 65 to 75.”

## Format:

1. You now have a variety of options for fonts, including Calibri 11, Arial 11, Lucinda Sans Unicode 10, Times New Roman 12, and Georgia 11.
2. The running head is no longer standard for student papers (unless required by professor). Only the page number.
3. When included, the running head on the title page no longer uses the word “Running head” at all.
4. Use only one space after a period at the end of a sentence.

# FORMATTING TITLE PAGE

- Running head is not required for student papers—include the page number on all pages of your manuscript on the top right side of the header.
- When the running head is included, it should include only the (shortened) title of the paper in all caps on the top left margin of the heading, and the page number on the top right margin.
- Choose an appropriate font and size.
- Defer to Instructor preference, generally.

Title of Paper

Author Name

Department and Institution Name

Course Number and Section

Course Instructor Name

Due Date

# IN-TEXT CITATIONS

- **Parenthetical Citation:** They're made with extra fiber (Kellogg, 2020). Comma between author and year. End sentence.
- **Narrative Citation:** According to Kellogg (2020), they're made with extra fiber. Embed in sentence. No need for end citation.
- **Multiple Citations together:** This product sells better in the Americas (Kellogg, 2020; Orlando, 2019). Alphabetical, separate with semicolon.
- **Works with No Author:** Larger fonts can be easier to read for certain groups (Fonts, 2019; "Words," 2018). Use style rules for texts.
- **Works with Two Authors:** There are still planets yet to be discovered (Sol & Luna, 2018). Separate authors with ampersand (&).
- **Works with Three or More Authors:** There is no consensus on asteroids (Sol et al., 2020). Include first author only, then "et al."
- **Group or Organization as Author:** Examples are challenging to come up with (Fictional University, 2017). Use the organization's title. Abbreviate if possible after first introduction.
- **Works with Same Author, Different Dates:** The winning team won twice in a row (Judge, 2016; Judge, 2020). Appropriate when the author is the same.
- **Different Works with Same Author, Same Date:** The winning team won thrice in a row (Judge, 2020a; Judge, 2020b). Use letters after the dates to differentiate between these works.
- **Works by Authors with Same Last Name:** These two disagree with each other (A. Simon, 2020; J. Simon, 2011). Include first name abbreviation.
- **Multiple Works with Three or More Authors That Share Authors:** (Monday, Tuesday, Wednesday et al. 2019; Monday, Tuesday, Wednesday, Thursday, et al, 2019). Write out as many names as needed to distinguish sources from each other.
- **Works with no Date:** This is a sample sentence ("Deep," n.d.). Use "n.d." for "no date." Always make every attempt to locate a date.

(APA, 2020; "In-Text Citations," n.d.; Zamora, 2020).

# YOUR BIBLIOGRAPHY (REFERENCES)

\* All sources that appear in the in-text citations must also appear in the References, and vice-versa.

## Basic Structure:

Last Name, F.I., Second Author, S.I., Jr., Third Author, T.I., & Final Author, F.I. (with Additional Author, A.B.). (Year).  
Title written in sentence case, no italics: Capitalize first letters after colons as well as Proper Nouns.  
*Publication or Journal Title*, volume#(issue#), page range. Source url.

Author. (Date). Title. Source.

Botto, S.V., & Rochat, P. (2018). Sensitivity to the evaluation of others emerges by 24 months. *Developmental Psychology*, 54(9), 1723-1734. <https://doi.org/10.1037/dev0000548>

# MISSING REFERENCE INFORMATION

- If no author: Title first. (Year). Source information.
- If no date: Author, (n.d.). Title. Source.
- If no title: Author, (year). [Description of source in brackets]. Source.
- If no author and date: Title first. (n.d.). Source information.
- If no author and title: [Description of work in brackets]. (year). Source info.



# REFERENCE EXAMPLES (PART 1)

## Authored book with a DOI (p. 321)

Format: Author(s). (year). Book title (edition or volume number if provided). Publisher. <https://doi.org/xxxx>

Example: Brown, L. S. (2018). Feminist therapy (2nd ed.). American Psychological Association. <https://doi.org/10.1037/0000092-000>

## Report by a government agency or other organization (p. 329)

Format: Organization(s). (year). Title of report (Report Number if provided). Publisher or Parent Agencies not Mentioned as Author. <https://xxxx>

Example: National Cancer Institute. (2018). Facing forward: Life after cancer treatment (NIH Publication No. 18-2424). U.S. Department of Health and Human Services, National Institutes of Health. <https://www.cancer.gov/publications/patient-education/life-after-treatment.pdf>

## Chapter in an edited book with a DOI (p. 326)

Format: Author(s). (year). Chapter title. In editor's name (Ed. or Eds.), Book title (edition and volume number if given, pp. page numbers or entire chapter).  
Publisher. <https://doi.org/xxxx> if source is not from a database

Example: Freeman, M. P. (2015). "The Other" within: Freud's representation of the mind. In D. Goodman (Ed.), Psychology and the other (pp. 71-89). Oxford University Press.

## Journal article

Format: Author(s). (year). Article title. Journal Title, volume number(issue number, if provided), page(s). <https://doi.org/xxxx>

Example: McCauley, S. M., & Christiansen, M. H. (2019). Language learning as language use: A cross-linguistic model of child language development. Psychological Review, 126(1), 1-51. <https://doi.org/10.1037/rev0000126>

## Magazine article (p. 320)

Format: Author(s). (year, Month day). Article title. Magazine Title, volume number(issue number if provided), page(s). <https://doi.org/xxxx> or <https://xxxx> if online

Example: Bergeson, S. (2019, January 4). Really cool neutral plasmas. Science, 363(6422), 33-34. <https://doi.org/10.1126/science.aau7988>

# REFERENCE EXAMPLES (PART 2)

## Newspaper article\* (p. 320)

Format: Author(s). (year, Month day). Article title. Newspaper Title, page number.

Example: Hess, A. (2019, January 3). Cats who take direction. The New York Times, C1.

## Webpage on a website (p. 351)

Format: Author(s). (year, Month day). Title of work. Site Name. <https://xxxx>

Example: Martin Lillie, C. M. (2016, December 29). Be kind to yourself: How self-compassion can improve your resili-ency. Mayo Clinic. <https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/self-compassion-can-improve-your-resiliency/art-20267193>

## Artwork in a museum or on a museum website (p. 346)\*\*\*

Format: Artist. (Year[s]). Title [medium or format]. Museum, City, State if applicable, Country.

Example: Delacroix, E. (1826-1827). Faust attempts to seduce Marguerite [Lithograph]. The Louvre, Paris, France.

## YouTube video or other streaming video (p.344)

Format: Author(s). [Screen Name(s) if given]. (year, Month date). Title [Video]. Video Source. <https://xxxx>

Example: Fogarty, M. [Grammar Girl]. (2016, September 30). How to diagram a sentence (absolute basics) [Video]. YouTube. <https://www.youtube.com/watch?v=qmIxGfOZJc8>

## Television series from an online streaming service

Format: Executive Producer. (Executive Producer). (years streamed). Title of series [Description]. Producer. <https://xxxx>

Example: Rosenberg, M. (Executive Producer). (2015-2019). Jessica Jones [Netflix series]. Netflix. <https://www.netflix.com/title/80002311>

# FOR COMPLETE GUIDELINES AND EXAMPLES:

See Publication Manual of the American Psychological Association, 7<sup>th</sup> Edition.

Thank  
You!

# REFERENCES

- American Psychological Association. (2020). *Publication manual of the American Psychological Association (7th edition)*.
- In-Text Citations: The Basics. (n.d.). Purdue University OWL. Retrieved on August 24<sup>th</sup>, 2020 from [https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_formatting\\_and\\_style\\_guide/in\\_text\\_citations\\_the\\_basics.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/in_text_citations_the_basics.html)
- Streefkerk, R. (2019). *APA Manual 7th Edition: The 17 most notable changes*. Scribbr. Retrieved on August 24<sup>th</sup>, 2020 from <https://www.scribbr.com/apa-style/apa-seventh-edition-changes/>
- Texas A&M International University Writing Center. (2019). APA: Format and documentation. Retrieved on August 24<sup>th</sup>, 2020 from <https://www.dropbox.com/s/2o1u6c8llx4lnof/APA%20Format%20%26%20Documentation.pdf?dl=0#APA%20Format%20and%20Documentation>
- Zamora, F. (2020). Quotes, quotes, quotes! When and how to use them in your academic writing. Texas A&M International University Advanced Research and Curriculum. Retrieved on August 24<sup>th</sup>, 2020 from <https://www.tamtu.edu/cees/arc/images/quotes.pdf>