Texas A&M International University College of Arts and Sciences

Student Self-Assessment

The Student Self-Assessment is a part of the Student Achievement Plan to help you overcome the challenges identified as part of your appeal for reinstatement and focus on achieving the goals you set. Based on the goals you list below, a Student Success Specialist will help you identify your strengths, address opportunities for improvement, and discuss potential resources that will help you achieve your academic and career goals.

Name:	Contact Number:	TAMIU Email:	Reinstatement Term:
TAMIU ID:	Major:	Minor:	Classification:
I CHOSE my major becaus	e		
MY MOTIVATION to invest	in my education and obtain i	my degree is	
WHEN I GRADUATE my go	oal is to		
List the classes in whi	ch you experienced acad	demic difficulty. (Exam	ple: HIST 1301-101)
Did you work during the p	revious semester?		
If so, how many hours per	week?		
Was your work on-campus	s or off-campus?		

Are you currently employed?

If so, how many hours per week?

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In reflecting on your academic performance, identify the obstacles that impacted your grades.

Personal/Other	Family/Social Adjustment
Financial concerns	Family or academic expectations
Mental health	Financial concerns
Health issues	Primary provider for family
A sudden or traumatic event	Caregiver for household / family member(s)
Use of or dependency on substances	Interpersonal violence or abuse
Chronic illness or physical / mental disability	☐ Homesick
Difficulty sleeping at night	Adjustment to college life
Pressure, stress, anxiety, or tension	☐ Hard to make friends / loneliness
Responsibility outside of academics	Family responsibilities / childcare
Transportation / commute	COVID-19
Academic	Major/Career
Limited access to study areas	Uncertain about major / field of study
Ineffective study skills	Unclear direction or goals
Ineffective time management skills	Changed major one or more times
Unprepared for exams	☐ Hard to find help and/or resources
What worked in high school doesn't work anymore	Little or no motivation
Did not attend / skipped class	
Not prepared for course level	Other (Please Describe):
Registered for too many courses	
Clarifying assignments	
Communicating with faculty	
Hard to concentrate / distractions	

Indicate your strengths in each category. What methods help you retain information?

indicate your strengths in ea	ach calegory. What methods	neip you retain informatio
VISUAL	TACTILE	AURAL
Do you like to learn by remembering symbols and images?	Do you like to learn by doing things physically such as creating flashcards?	Do you like to learn by hearing the information?
VERBAL	LOGICAL	SOCIAL/SOLITARY
Do you like to learn through written or spoken words by using rhymes or acronyms?	Do you like to learn by using logic and structures?	Do you prefer to work on your own or with a group/team?



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What do you feel most impacted your academic performance?
What motivates you to succeed in your goals?
How will demands on your time be different this semester? How do you plan to improve academically?
now will definance on your time be different this semester? now do you plan to improve academicany?
Chook all that apply

Check all that apply:

Resources	Used in the past	Used in	the past
Academic Advising Tutoring Center Writing Center Computer Labs On-Campus Study Areas Study Rooms Library Resources Group Study		Communication with faculty Student Counseling Services Disability Services Dusty Food Pantry Student Health Services Career Services TRiO Veteran Services	



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Agreement

I have completed my self-assessment and understand that my College will review my progress at the end of the semester. The criteria for determining my academic standing are as follows:

I agree to meet with my assigned Student Success Specialist to design an achievement plan. Jagree to monitor my Dusty email regularly and understand my choices and actions will determine my				
Student Signature	Success Specialist Signature			
Date	Date			

Student Academic Standing:

Catalog Year: