

Required Dyslexia, Mental health, substance abuse, and youth suicide training resources:

Effective December 27, 2016, 19 TAC §228.30(c)(3) requires educator preparation programs to provide instruction regarding mental health, substance abuse, and youth suicide to candidates seeking initial certification in any certification class. The mental health instruction must include effective strategies for teaching and intervening with students with mental or emotional disorders, including de-escalation techniques and positive behavioral interventions and supports. The resources listed below have been recommended to meet these requirements.

NOTE TO CANDIDATES:

Completion of all required trainings must be documented BEFORE certification can be recommended. It is the candidate's responsibility to provide documentation. Candidates MUST print out their training certificates of completion to include in their portfolios and provide a copy.

Texas Behavior Support Initiative Training (Mental Health)

The Texas Behavior Support Initiative (TBSI) training is designed to provide foundational knowledge for the use of positive behavior interventions and supports for all students, including those with disabilities. While the TBSI training meets legislative requirements related to procedures for the use of restraint and time-out, it also provides a framework for sharing a wide range of foundation-level behavior strategies and prevention-based school-wide, classroom, and individual interventions. The training will be found [here](#).

Format: ONLINE

Cost: FREE

Time: 3 Hour Self-Paced Course

ASK Suicide Prevention Training (Suicide Prevention)

This online training is intended to meet Texas K-12 public school suicide prevention training requirements and other suicide prevention training needs. It is a best practice based training listed in the [BPR Section III Adherence to Standards](#). Provides participants with an overview of the basic epidemiology of suicide and suicidal behavior, including risk and protective factors through a five-part video series, participants are trained to recognize warning signs—behaviors and characteristics that might indicate elevated risk for suicidal behavior—and how to intervene with a person they think might be at risk for suicide. The training will be found [here](#).

Format: ONLINE

Cost: FREE

Time: 1 Hour Self-Paced Course

Dyslexia: A TEA Professional Learning Course

Information regarding an online course that meets the requirements for House Bill 157. The online course includes the history of dyslexia, district requirements, procedures, statistics, recognizing the signs of dyslexia, intervention strategies as well as options for parents of students with dyslexia will be found [here](#).

Format: ONLINE

Cost: FREE

Time: 6 Hour Self-Paced Course

Youth Mental Health First Aid Training (Substance Abuse) -

MHFA is an 8-hour face-to-face course that trains participants how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training includes: risk factors and warning signs of mental health problems; information on depression, anxiety, trauma, psychosis, and addiction disorders; a 5-step action plan to help someone developing a mental health problem or in crisis; and where to turn for help – professional, peer, and self-help resources. MHFA teaches about recovery and resiliency – the belief that individuals experiencing these challenges can and do get better and use their strengths to stay well. The training will be found [here](#).

Format: Face-to-Face/ In person/Virtual

Cost: FREE

Time: 8 Hour Course (8:00 am - 5:00 pm)

Don't Forget to PRINT out your Certificates of Completion for each required training and place one copy in your portfolio and submit a copy.

ASK Suicide Prevention Training

1. Access the training through the link:

<https://texassuicideprevention.org/training/ask-basic-gatekeeper>

Scroll down and click on the orange tab "Click here to access our AS

+K?Basic Gatekeeper Training"

Important Note

The quiz will become available once you have completed the training.

TEXAS SCHOOL PERSONNEL: You must provide your work email address in the course registration AND Identify your School District or TEA County/District Number to ensure you receive proper credit for TEA compliance purposes. Please do not use your personal email or a gmail/yahoo address.

TEXAS HIGHER EDUCATION USERS: If you are taking this course to prepare for a K-12 profession or school counselor, or licensed clinical occupations (i.e., you are in a teacher training or school counselor program, MSW, LPC), please indicate in the appropriate fields.

[Click here to access our "AS+K? Basic Gatekeeper Training"](#)

3. Create an account

CREATE ACCOUNT



4. Fill in the required fields (Select not a K-12 educator). Once you submit, you will be directed to a STUDENT DASHBOARD.

Your Student Dashboard,

Select the 2022 version



AS+K? Basic Gatekeeper Training 2022

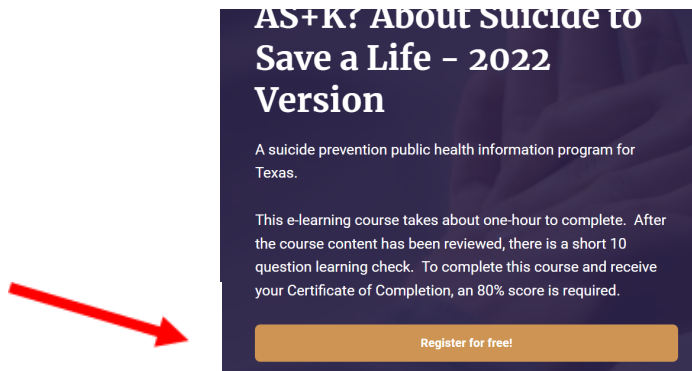
This course takes one hour to complete. After the course is completed, there is a short 10-question quiz. To complete this course, an 80% score is required to receive a Certificate of Completion. Instructions Before beginning the training, be sure review the included handout,...



Enroll

free

5. Click on the “Enroll” button



AS+K? About Suicide to Save a Life - 2022 Version

A suicide prevention public health information program for Texas.

This e-learning course takes about one-hour to complete. After the course content has been reviewed, there is a short 10 question learning check. To complete this course and receive your Certificate of Completion, an 80% score is required.

[Register for free!](#)

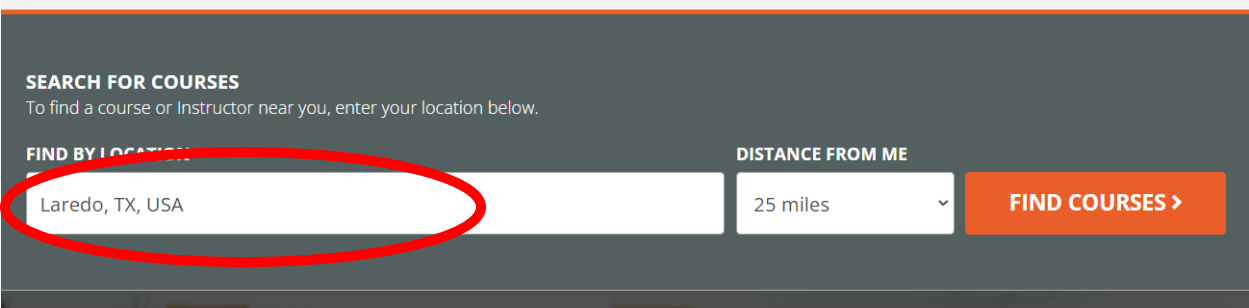
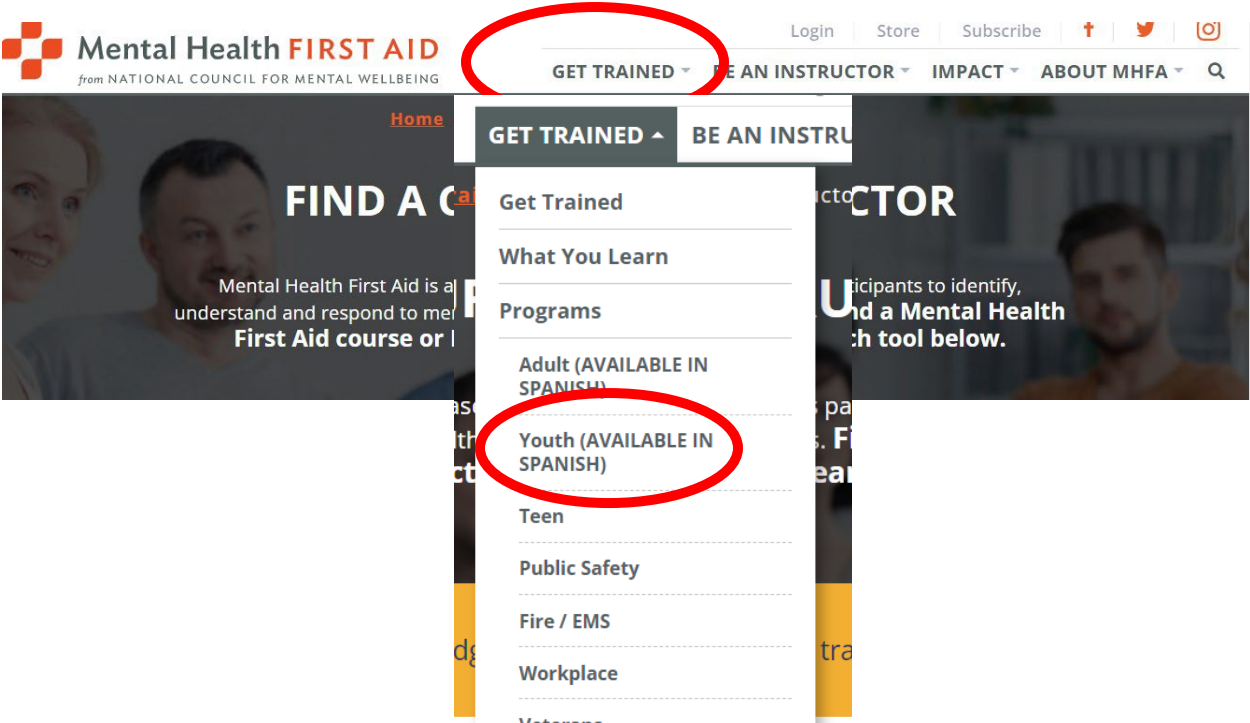
6. Begin your course by pressing the “Continue” button

7. This e-learning course takes about one-hour to complete. After the course content has been reviewed, there is a short 10 question learning check. To complete this course and receive your Certificate of Completion, an 80% score is required.

First create an account

<https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

Make sure to select "Youth" or "SpanishYouth"



START DATE	PROGRAM	SUPPLEMENT COURSE	DELIVERY FORMAT	INSTRUCTOR	FUNDING SOURCE	CITY, STATE	DISTANCE	REGISTRATION
30 Jul 2022 (1 day)	Youth	Not Applicable		Antonisha Bennett, Karen C Coleman	Texas Schools Initiative	San Antonio, Texas	146.3 mi View map	REGISTER
30 Jul 2022 (1 day)	Youth	Not Applicable		VIRTUAL TRAINING			150.2 mi View map	REGISTER
04 Aug 2022 (1 day)	Youth	Not Applicable		Antonisha Bennett, Karen C Coleman	Texas Schools Initiative	San Antonio, Texas	150.2 mi View map	REGISTER
13 Oct 2022 (1 day)	Youth	Not Applicable		Melissa Mitchell	Federal	For Texas Residents	282.4 mi View map	REGISTER