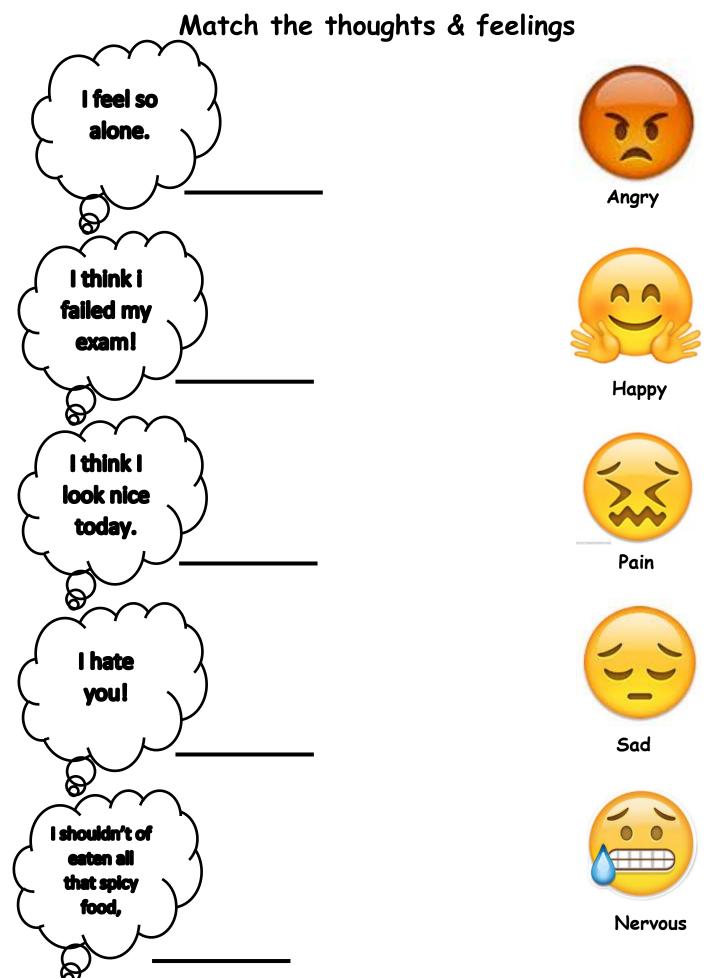
MATCH THE THOUGHTS & FEELINGS

TAMIU STUDENT COUNSELING & DISABILITY SERVICES FOR STUDENTS

Learning to identify and share our feelings is an important skill that all children (and adults) need to develop to help us communicate our needs.

This matching exercise helps start a conversation about feelings to further understand each person's individual experience.



 $2 polk \ ML \cdot S \ Mm \cdot MEU \ MR \cdot ML \ Ci \ G'' \ E < Uddm (ED [fm) \ E'DU]$