

Texas A&M International University
Department of Psychology and Communication
Master of Arts in Counseling Psychology

COMMUNITY COUNSELING CENTER



Helping the Laredo Community Help Itself

Affiliated Faculty:

Adriana Blasco-Rubio, D.P.C., *Assistant Professional, Center Director*

Ediza Garcia, Psy.D., *Assistant Professor, MACP Director*

Elizabeth Terrazas-Carrillo, Ph.D., *Assistant Professor*

Desi Vasquez, Ph.D., *Assistant Professor*

Our Commitment to the Community

The TCCC aims to provide a service that meets the requirements and expectations of the Texas A&M International University and the Laredo Community. Individuals will be treated with respect and accommodations will be made to meet their immediate needs. The TCCC is dedicated and committed to providing an exceptional service to our Laredo Community.



TEXAS A&M
INTERNATIONAL
UNIVERSITY

Business Hours: By Appointment Only



(956) 326-3120
Please leave a message
with your name and
phone number



5201 University Blvd.
Dr. Billy F. Cowart Hall
(CWT) 213

Fax: (956) 326-3118



[www.tamiu.edu/coas/psy/
mastercounpsy/Communi
tyCounselingCenter.shtml](http://www.tamiu.edu/coas/psy/mastercounpsy/CommunityCounselingCenter.shtml)

Community Counseling Center



*Helping the Laredo
Community Help Itself*

Est. 2004

MISSION STATEMENT

The Mission of the Texas A&M International University Community Counseling Center (TCCC) is to engage each client in a unique plan that not only focuses on immediate and presenting needs, but also recognizes the importance of community integration and personal growth. The TCCC values mutual cooperation and participation. Therefore, clients need to dedicate themselves completely to their goals. It is the goal of the TCCC to help the Laredo Community help itself.



SERVICES OFFERED

Services are offered during the Fall and Spring semesters. No services are available during university Winter and Summer Breaks.

- Individual Counseling
- Career Counseling Services
- Educational Groups
- Referrals
- Child Therapy (6+ years)
- Counseling for Adolescents
- Parenting Classes

Services are available in English and Spanish

OUR STAFF

Counseling services are provided by graduate students in the Master of Arts in Counseling Psychology (MACP) program who are meeting their degree requirements. All student counselors are professionally supervised by a licensed psychologist or a licensed professional counselor registered in the State of Texas.

Some problems we may help you address include:

- Career Decisions
- Indecisiveness
- Lack of direction
- Feelings of sadness
- Anger or fear
- Relocation
- Bi-Cultural Conflicts
- Feeling overwhelmed
- Stress

Nuestro Compromiso con la Comunidad

La misión del TCCC es proporcionar servicios excepcionales a la comunidad de Laredo.

Cada uno de nuestros pacientes recibe servicios que toman en cuenta sus necesidades individuales.

Centro Comunitario de Consejería



Ayudando a la comunidad de Laredo desarrollar una capacidad de recuperación ante los retos de la vida

Est. 2004

**Horario:
Por Cita
Solamente**



(956) 326-3120
Por favor deje un mensaje con su nombre y número telefónico



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(CWT) 213**

Fax: (956) 326-3118



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mastercounpsy/Communi
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NUESTRA MISIÓN

La misión de TAMIU Centro Comunitario de Consejería (TCCC) es de asistir a cada persona con un plan que se enfoca en las necesidades inmediatas de la persona. Como nuestros pacientes son parte de la comunidad de Laredo, también reconocemos la importancia de la integración comunitaria y crecimiento personal. El TCCC valora la cooperación y participación de cada persona. Por eso es importante que las personas se comprometan a lograr sus objetivos. El objetivo del TCCC es ayudar a la comunidad de Laredo a aprender y desarrollar una capacidad de recuperación ante los retos de la vida.



SERVICIOS

Servicios son proporcionados durante los semestres escolares de Otoño y Primavera. No hay servicios durante las vacaciones de Invierno y Verano.

Los servicios que ofrecemos son:

- Consejería individual
- Consejería y orientación vocacional
- Grupos psicoeducativos
- Información de servicios psicológicos especializados
- Consejería y terapia infantil (6+ años)
- Consejería y terapia para adolescentes

Nuestros consejeros hablan Inglés y Español

PERSONAL CAPACITADO

Los servicios de consejería y psicoterapia son proporcionados por estudiantes del programa de Maestría en Consejería Psicológica de TAMIU. Los consejeros son supervisados por psicólogos y consejeros profesionales licenciados en el estado de Texas.

Estas son algunas de las circunstancias y situaciones con las que le podremos ayudar:

- Decisiones de carrera
- Problema con indecisiones
- Falta de dirección en la vida
- Tristeza
- Ira o temor
- Conflictos antes o después de una mudanza
- Conflicto multicultural
- Estrés

SCAN- Pregnant & Post-Partum Intervention Program

1605 Saldana Ave. (956) 724-3177

South Texas Food Bank, Inc.
1907 Freight St. (956) 726-3120

The Lighthouse Professional Counseling
1319 Corpus Christi St. (956) 723-4770
Ste. 3 (956) 236-1405

SUBSTANCE ABUSE SERVICES/AGENCIES

A New Horizon Anger Management & Therapy
72220 A -Bob Bullock Loop (956) 740-0796
Ste. 304

Concilio Hispano Libre
1205 E Hillside Rd. (956) 728-0440
La Familia Consulting and Counseling Services

1319 Corpus Christi St. (956) 337-7551
Ste. 1
SCAN- Esperanza Recovery Home
1901 Pita Mangana Road (956) 712-3709

SCAN- Youth Recovery Home
402 Riverhill Loop (956) 723-0200

FAITH-BASED SERVICES

Calvary Center
102 E Lyon St. (956) 723-1972

Catholic Social Services of Laredo, Inc.
1919 Cedar Ave. (956) 722-2443

Grace Bible Church Counseling
5303 Alabama Street (956) 726-3899

DOMESTIC VIOLENCE CENTERS

Casa De Misericordia
1000 Mier St. (956) 712-9591

Mercy Ministry
2500 Zacatecas (956) 718-6810

STATE AND GOVERNMENT AGENCIES

Texas Department of Aging and Disability Services
2100 Corpus Christi St. 1-855-937-2372
Texas Department of Family and Protective Services
1500 N. Arkansas Ave. (956) 728-7383

Texas Health & Human Services
500 Mann Rd (956) 764-5200

Texas Workforce Solutions of South Texas
2389 E Saunders St (956) 794-6500

TEXAS A&M INTERNATIONAL UNIVERSITY

Community Counseling Center



Community Resources

(956) 326-3120



RESOURCES



A Healthy Image Counseling Services

6826 Springfield Ave. (956) 724-2345
Ste. 102

Amor Counseling

1812 Commerce, Ste. 2 (956) 568-5857

Big Brothers Big Sisters

6510 Polaris Dr (956) 753-1516
Ste 2

Border Region

1500 Pappas Street (956) 794-3000
24-hour Crisis Hotline: 1-800-643-1102

Border Region- CAPS Program

1500 Pappas Street (956) 794-3157
(956) 794-3069
(956) 794-3000
24-hour Crisis Hotline: 1-800-643-1102

Boy Scouts of America, South Texas Council

Camp Huisache, Hwy. 59 (956) 791-0154

Boys & Girls Clubs of Laredo- Roberto and

Beatriz Benavides Club

500 Moctezuma St. (956) 723-5223

Boys & Girls Clubs of Laredo- Lamar Bruni

Vergara

3900 Los Presidents Ave. (956) 722-7248

Boys & Girls Clubs of Laredo- Northwest Club

4500 Old Sta Maria Road (956) 722-6541

Casa de Nuestra Gente

1212 N Meadow Ave. (956) 753-6493

Casa La Esperanza

1903 Victoria St. (956) 723-1900

Children's Advocacy Center of Laredo

111 N. Merida (956) 712-1840

Communication Disorder Center

5201 University Blvd. (956) 326-3138

Billy Cowart Hall 122

Communities in Schools of Laredo, Inc.

2114 E. Saunders (956) 791-2199

Crime Victims Compensation

7209 E. Saunders Ste. 1 (956) 795-3160
(956) 269-2028

Daisy Counseling Services

107 Calle Del Norte (956) 523-0152
Ste. 14A

El Puente Counseling Center

1501 Corpus Christi St. (956) 722-0121

Garza Medical Associates

1700 E. Saunders St. (956) 728-8120
Tower A Ste. 300

Gateway Community Health Center, Inc.

1515 N. Pappas St. (956) 795-8100

Gateway Community Health Center, Inc.

South Laredo Clinic

2007 South Zapata Hwy. (956) 795-8101

Gateway Community Health Center, Inc.

Behavioral Health Services

1515 N. Pappas St. (956) 523-3698

Girl Scouts of Greater South Texas

701 Stone (956) 723-7251

Hachar Cigarroa Clinic

2500 Zacatecas St. (956) 718-6810

Kidney Foundation of Laredo

(956) 723-8808

Laredo Animal Protective Society

2500 Gonzalez St. (956) 724-8364

Laredo Crime Stoppers, Inc.,

1200 Washington St. (956) 727-8477

Laredo HSDA HIV/Aids Services Consortia

1115 Chihuahua (956) 796-9335
Ste. B

Let's Talk Therapy PLLC @ Zapata

1609 N. US Highway 83 (956) 765-1999
Ste. B

Lisa Martinez Counseling Center

6114 McPherson Ave. (956) 724-4357

Literacy Volunteers of America-Laredo

1West End Washington (956) 724-5207
Ste. P-10, Laredo Community College

PILLAR

1502 Laredo St. (956) 723-7457

Ramirez Counseling Services

8709 Casa Verde Rd. (956) 334-6885
Unit D 146

Recovery Behavioral Program Counseling Services

620 Corpus Christi St. (956) 568-5464
Ste. A

Ruthe B. Cowl Rehabilitation Center

1220 Malinche Ave. (956) 722-2431

SCAN

1605 Saldana Ave (956) 724-3177

