

TAMIU in the Community



A *HealthyU* Employee Wellness **SERVICE CHALLENGE**

Office of Student Conduct & Community Engagement
956.326.2286
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What is **TAMIU in the Community?**

TAMIU in the Community is a volunteer service challenge newly introduced to the *HealthyU* Employee Wellness Program. TAMIU employees will compete on an individual and team basis with the goal of completing the most service hours by October 31, 2015. Winners will be announced at TAMIU's Annual Christmas Party in December 2015.

Becoming engaged in volunteer service is a great way to invest in yourself and others in our community. With health benefits such as increasing optimism and self-esteem and decreasing stress, **TAMIU in the Community** is a great way to kick-off your volunteer career and make it a part of your healthy lifestyle.

Where can I earn **Volunteer Service Hours?**

Volunteer opportunities are as diverse and abundant as the people in our community. To choose a volunteer position which is right for you, find something that fits your interests; work with an organization that supports your beliefs and stimulates your passions.

Every employee is encouraged to donate their time and talent to deserving non-profit organizations in the South Texas region and beyond.

Service hours can be earned in many ways:

- Volunteering at non-profit agencies/organizations
- Participating as a board member for non-profit organizations
- Donating items of need (*limited to agencies rewarding hours in exchange for donations*)
- Tracking walks/runs using Charity Miles smartphone application.

Visit our website at **www.tamiau.edu/scce** to access a database of agencies/organization in the Laredo community.

How do I join the Service Challenge?

1

Go to **tamiau.collegiatelink.net** and click on **“Log In”** on the top-right corner.



2

Log In using the first part of your @tamiau.edu account and password.

If you are logging in for the first time, you will need to complete your profile.

3

Once your profile is complete, click on **“Organizations”** under the website banner.

Home

Organizations

Events

Curriculums

Campus Links ▾

4

Search for and click on **“TAMIU in the Community.”** Request to **“Join Organization.”**



TAMIU in the Community (HealthyU Service Challenge)

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Join Organization

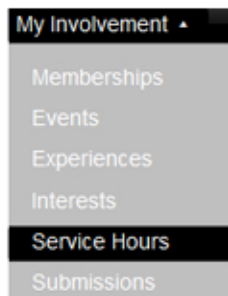
How can a group participate as a team?

Groups of up to 6 individuals can participate as a team in the *HealthyU Service Challenge*. To submit your team, email **iserve@tamiau.edu** with your team name, member names, & emails.

How do you report your service hours?

1

Follow log in steps on
tamiu.collegiatelink.net.
Click on **"My Involvement"**
and then **"Service Hours"** on
top-left corner.



2

Click on **"Add Service Hours."**
*Membership for "TAMIU in the Community" must be approved before the
"Add Service Hours" option appears in this step.*



3

Proceed to fill out requested information. Once
complete, click on **"Create."**

Organization required

Date required
 Choose date of volunteer event.

Description required

Hours **Minutes**

Verification Contact
 Indicate **name** of verification contact from the agency/organization you volunteered at.

[Cancel](#) [Create](#)

Any hours completed between Jan. 1, 2015 through Oct. 31, 2015
may be reported for the *HealthyU Service Challenge*.



CHARITY MILES

Team Name:
#txamiuhealthyu

The Charity Miles organization allows individuals to earn money for charity for any miles you walk, run or bike. Any TAMIU employee which would like to earn service hours through a walk, run or bike ride must use the Charity Miles app which can be found on iTunes App Store or Google Play for Android. After downloading the free app, sign up, choose a charity, and join the HealthyU team: #txamiuhealthyu. Hours may be reported using the reporting instructions on page 4 of this pamphlet. Each mile will equal to 20 minutes of service.

Source: <http://www.charitymiles.org>

Volunteer at The Big Event

The Big Event is an annual service tradition at TAMIU where students, faculty and staff volunteer to say "Thank you" to our community. The event is hosted by the Office of Student Conduct and Community Engagement in conjunction with the Student Government Association's Leaders Organizing Volunteer Events (L.O.V.E.) Committee.

SAVE THE DATE: Sat., March 28, 2015 at South Texas Food Bank.



Stay Connected:

Social Media

The Office of Student Conduct & Community Engagement often promotes upcoming volunteer opportunities and recognizes service through the following social media sites. Follow us!



TAMU Office of Student Conduct
and Community Engagement
@iservetamui



TAMU Office of Student Conduct
and Community Engagement
@iservetamui



TAMU Office of Student Affairs
www.facebook.com/txamui.osa

Text Message Reminders

Be the first to know about
upcoming volunteer
opportunities! Subscribe
to our message reminders!

To join, send a text to
(956) 233-7878

With the message

@servetamui

Presidential Volunteer Service Award

The President's Council on Service and Civic Participation was established in 2003 to recognize the valuable contributions volunteers are making in our communities. The Council created the President's Volunteer Service Award (PVSA) program as a way to thank and honor Americans who, by their demonstrated commitment and example, inspire others to engage in volunteer service.

AWARD CRITERIA

- Must be a United States citizen or admitted permanent resident.
- Services for award must be within a 12-month time period.
- Volunteer service ONLY (charitable support/donations do not qualify).
- Court-ordered community service does NOT qualify for the award.
- Service hours must be conducted with an organization that is established in the United States, the Commonwealth of Puerto Rico or one of the territories.
- Service hours must be reported on Collegiate Link based on SCCE guidelines.

The default 12-month time frame for the PVSA is from April 1 to March 31. SCCE will confirm eligibility for the PVSA for all individuals which report hours via Collegiate Link.



Submit your volunteer
photos to
iserve@tamiu.edu!



For more information regarding

TAMIU in the Community HealthyU Service Challenge

please contact the Office of
Student Conduct & Community Engagement
at iserve@tamiu.edu or 956.326.2286.