

Your Student Health Resources

Tools to stay safe & healthy during the COVID-19 pandemic

The Texas A&M System, in partnership with Academic HealthPlans (AHP), and your Student Health Insurance Plan carrier, Blue Cross and Blue Shield of Texas (BCBSTX) offer the following resources to help keep you safe and healthy.



SAP

This *Student Assistance Program (SAP)* offers 24/7 online tools and access to licensed counselors for physical, behavioral and financial wellbeing, and more. Services are available in multiple languages.

To get started visit, myahpcare.personaladvantage.com and enter the Company Code: AHP1.



Provider Finder

Need care now?

The **BCBSTX online provider directory** can help you find a local provider who is in-network with your BCBSTX Student Health Insurance Plan.

Remember: using an in-network provider will save you money!



Telehealth

Virtual Visits through MDLive provides live consultations with a medical provider for non-emergency medical and behavioral health needs.

To support you during the COVID-19 pandemic, Virtual Visits are now covered at 100% with no copay necessary through 4/30/2020.



24/7 Nurseline

You can speak to a registered nurse for 24/7 for answers to your health concerns and general health tips.

Call 1-800-581-0368 to speak with a knowledgeable professional for free.

(Spanish translation available upon request)

For additional information, including plan benefits, COVID-19 coverage details, and contact information, visit tamus.myahpcare.com and select your campus from the list.

Academic HealthPlans is here to assist you in any way we can. Please stay healthy and safe!