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Transfer Plans

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2025-2026



Associate of Science in General Studies

Bachelor of Science with a Major in Kinesiology with a Concentration in Physical Education with EC-12 Certification

The following is a suggested two-year transfer plan. Students are encouraged to see their advisor each semester for help with program decisions and enrollment. In addition, students are responsible for meeting with their academic advisor for additional requirements to transfer to TAMIU.

1ST SEMESTER			SCH	Notes
LC	ENGL 1301	Composition I (010)	3	
	HIST 1301	United States History I (060)	3	
	MATH 1342	Elementary Statistical Methods (020)	3	
	BIOL 2301	Anatomy & Physiology I (030)	3	
	BIOL 2101	Anatomy & Physiology I Lab	1	(TR)
	KINE 1113	Weight Training I	1	
	KINE 1131	Aerobic Activities I	1	
			15	

2ND SEMESTER			SCH	Notes
LC	ENGL 1302	Composition II (010)	3	
	HIST 1302	United States History II (060)	3	
	BIOL 2302	Anatomy & Physiology II (030)	3	
	BIOL 2102	Anatomy & Physiology I Lab	1	
	EDUC 1301	Intro to the Teaching Profession	3	
		Creative Arts (050)	3	
			16	

3RD SEMESTER			SCH	Notes
LC	GOVT 2305	Federal Government (070)	3	
	KINE 1301	Foundations of Kinesiology	3	
	KINE 1338	Physical Fitness	3	
		Language, Philosophy and Culture (040)	3	
		Component Area Option (090)	3	
			15	

4TH SEMESTER			SCH	Notes
LC	GOVT 2306	Texas Government (070)	3	
	PSYC 2314	Life Span Growth and Development (080)	3	
	KINE 1306	First Aid	3	(EC)
	KINE 1321	Coaching/Sports/Athletics	3	(EC)
		Component Area Option (090)	3	(EC)
			15	

5TH SEMESTER			SCH	Notes
TAMIU	EDCI 3200	Survey of Content Know & Exper	2	
	KINE 3301	Coaching	3	
	KINE 3311	Physiology of Exercise	3	
	KINE 3316	Psych Aspects of Sport & Exercise	3	
	KINE 3318	Fundamentals of Biomechanics	3	
			14	

6TH SEMESTER			SCH	Notes
TAMIU	EDCI 3301	Assessment for Instruc Design	3	
	EDCI 3302	Teaching Eng Lang Learners	3	
	KINE 3310	Tching Phys Ed in Sec Schools	3	
	KINE 3312	Principles of Health Promo-WIN	3	
	KINE 3314	Tests and Evaluation	3	
	KINE 3317	Nutrition for Exercise & Sports	3	
			18	

7TH SEMESTER			SCH	Notes
TAMIU	EDCI 3315	Impl Eff Inst Strat Div Lnrs	3	
	EDCI 4310	Engaging Learners	3	
	EDSE 4350	Inc Pract Ch & Yth W/Disablts	3	
	KINE 3305	Teaching Phys Ed in Elem Sch	3	
	KINE 4315	Sport & Adapted Phys Activity	3	
			15	

8TH SEMESTER			SCH	Notes
TAMIU	EDCI 4693	Clinical Teaching	6	
	KINE 4316	Princ of Motor Learn & Control	3	
	KINE 4317	Foundations of Sports Mgt	3	
	KINE 4320	Special Topics in Kinesiology	3	
			15	

Total SCH Required for Degree 120

Important Details to Remember

*Students may take any KINE Aerobic Activity at LC in lieu of KINE 1131.
KINE 2224 will be satisfied by KINE 1321 - Substitution needed if approved.
Extra credit (EC) - Courses noted with (EC) do not apply when transferring to TAMIU – 1 SCH 090, 1 SCH KINE 1306, and 1 SCH KINE 1321.
TAMIU Requirement (TR) - Courses noted with (TR) are additional TAMIU requirements.
Total SCH required for degree 120 - additional 3 SCH taken at LC.
LC Degree Plan: <https://www.laredo.edu/Academic-Career-Pathways/science-technology-engineering-mathematics/as-general-studies.html>
TAMIU Degree Plan: <https://catalog.tamiu.edu/undergraduate-information/nursing-health-sciences/bachelor-science-major-kinesiology-concentration-physical-education-ec-12-certification-bs/>