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Transfer Plans

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2025-2026



Associate of Science in General Studies

Bachelor of Science with a Major in Kinesiology with a Concentration in Pre-Physical/Occupational Therapy

The following is a suggested two-year transfer plan. Students are encouraged to see their advisor each semester for help with program decisions and enrollment. In addition, students are responsible for meeting with their academic advisor for additional requirements to transfer to TAMIU.

1ST SEMESTER			SCH	Notes
LC	ENGL 1301	Composition I (010)	3	
	HIST 1301	United States History I (060)	3	
	MATH 1342	Elementary Statistical Methods (020)	3	
	BIOL 1306	Biology for Science Majors I (030)	3	
	BIOL 1106	Biology for Science Majors I Lab	1	
	KINE 1338	Physical Fitness	3	
			16	

2ND SEMESTER			SCH	Notes
LC	ENGL 1302	Composition II (010)	3	
	HIST 1302	United States History II (060)	3	
	PSYC 2301	General Psychology (080)	3	
	MATH 1316	Plane Trigonometry	3	
		Creative Arts (050)	3	
			15	

3RD SEMESTER			SCH	Notes
LC	GOVT 2305	Federal Government (070)	3	
	CHEM 1311	General Chemistry I	3	
	CHEM 1111	General Chemistry I Lab	1	
	PHYS 1301	College Physics I (030)	3	
	PHYS 1101	College Physics I Lab	1	(TR)
		Component Area Option (090)	3	
			14	

4TH SEMESTER			SCH	Notes
LC	GOVT 2306	Texas Government (070)	3	
	CHEM 1312	General Chemistry II	3	
	CHEM 1112	General Chemistry II Lab	1	
	PSYC 2314	Life Span Growth and Development	3	
		Language, Philosophy and Culture (040)	3	
		Component Area Option (090)	3	(EC)
			16	

5TH SEMESTER			SCH	Notes
TAMIU	KINE 1101	Aerobic Activities	1	
	KINE 1111	Weight Training & Conditioning	1	
	KINE 3312	Principles of Health Promo-WIN	3	
	KINE 3316	Psych Aspects of Sport & Exercis	3	
	BIOL 1371	Human Biology I Lecture	3	
	BIOL 1171	Human Biology I Lab	1	
			12	

6TH SEMESTER			SCH	Notes
TAMIU	KINE 3311	Physiology of Exercise	3	
	KINE 3314	Test and Evaluation	3	
	KINE 3317	Nutrition for Exercise & Sports	3	
	PHYS 1302	General Physics II	3	
	PHYS 1102	General Physics II Lab	1	
		Advanced General Elective	3	
			16	

7TH SEMESTER			SCH	Notes
TAMIU	KINE 3318	Fundamentals of Biomechanics	3	
	KINE 4318	Exercise Prescription	3	
	BIOL 3403	Human Anatomy	4	
		Advanced General Elective	3	
		Advanced General Elective	3	
			16	

8TH SEMESTER			SCH	Notes
TAMIU	KINE 3315	Science Prin of Streng & Condi	3	
	KINE 4319	Practicum in Kinesiology	3	
	KINE 4336	Psyc od Sport Injury & Rehab WIN	3	
	BIOL 3405	Human Physiology	4	
		Advanced General Elective	3	
			16	

Total SCH Required for Degree 120

Important Details to Remember

*Students may take any KINE Aerobic Activity at LC in lieu of taking KINE 1101 at TAMIU.

Extra credit (EC) - Courses noted with (EC) do not apply when transferring to TAMIU – 1 SCH 090.

TAMIU Requirement (TR) - Courses noted with (TR) are additional TAMIU requirements.

Total SCH required for degree 120 - additional 1 SCH taken at LC.

LC Degree Plan: <https://www.laredo.edu/Academic-Career-Pathways/science-technology-engineering-mathematics/as-general-studies.html>

TAMIU Degree Plan: <https://catalog.tamiu.edu/undergraduate-information/nursing-health-sciences/bachelor-science-major-kinesiology-concentration-pre-physical-occupational-therapy-bs/>

Transfer Plan is subject to change. Students are encouraged to see their advisor each semester for help with program decisions and enrollment.