

Program Administrator for Discovery Behavioral Health

Crystal Sepulveda is a nationally recognized subject matter expert and survivor leader in the field of human trafficking, with a specialized focus on the intersection of healthcare and exploitation. A native of San Antonio, Texas, she holds a B.A. in Criminology from St. Mary's University and earned her Executive MBA from the University of Texas at San Antonio in 2020.

Crystal currently serves as a Program Administrator for Discovery Behavioral Health, overseeing trauma-informed care for youth with complex mood and anxiety disorders in a residential treatment setting. Her leadership has consistently driven program performance, enhanced multidisciplinary collaboration, and improved outcomes for high-risk populations.

She began her career in juvenile justice with the Bexar County Juvenile Probation Department, where she held several leadership roles and championed innovative restorative justice initiatives for at-risk youth. In 2017, she led the launch of Centro Seguro, Texas' first drop-in center for runaway, homeless, and sex-trafficked youth. Under her direction, the program exceeded its original service goals by over 200%, establishing a model for crisis intervention and survivor-centered care statewide.

Crystal is a trusted consultant and advisor for multiple healthcare institutions and local non-profits including HEAL Trafficking, SAFE Alliance, the University of Texas at Austin School of Nursing, and Texas A&M International University, where she provides specialized training, advocacy and consultation for providers on trauma-informed approaches to identifying and supporting individuals experiencing trafficking. Her insights bridge public health, survivor advocacy, and systems-level change.

She formerly served as Director of the CARES Program with the SAFE Alliance in Austin, continuing her work in leading multidisciplinary, community-based responses to trafficking and exploitation. Crystal is an appointed member of the Texas Human Trafficking Survivor Leadership Council and actively collaborates with statewide and national coalitions focused on prevention, survivor empowerment, and policy reform.

Crystal brings over 15 years of experience in systems navigation, nonprofit leadership, and strategic program development, with a proven record of advancing equity, innovation, and survivor-informed practices in both public and private sectors.

Her hobbies include gardening, spending time with her family, and traveling.

