

# TAMIU STAFF SENATE

**Meeting Minutes**  
**July 9, 2019**  
**2PM Bob Bullock 206**

**Attendance:** Alejandro Martinez, Ana M. Vargas, Jessica Tamez, Kathy Casares, Kristina Valenciano, Michelle Espinoza, Melinda Lee Downie, Valentina Flores, Emily Lerma, Jacky Briseno, Leonela Preciado, Leticia Cruz, Flora Bocanegra, Cihtlalli Perez, Melinda Elizondo, Vanessa Almaraz, Albert Chavez, Kelly Higgins, Armindina Ramos, Alma Guardiola, Antonio Gonzalez, Priscilla Martinez, Nicholas Hudson, Anna Gonzalez, Jan Aspelund, Gloria Sanchez, Yelitza Howard

**Executive Board:** Yelitza Howard, Gloria Sanchez, Kathy Casares, Rocio Garcia, Michelle Espinoza, and Alejandro Martinez, Ana Maria Vargas

**I: Welcome:** Yeli Howard called the meeting to order at 2:03pm.

**II. Minutes (Review and Approval):** Cihtlalli Perez and Jackelyne Briseno

**III. Treasurer's Report:** \$ 2,690.00

**IV. Airrosti Dr. Espinoza:** Hello, I am Dr. Espinoza a chiropractor at Airrosti and have been with them for over a year now. Office hours at Airrosti is 7:30 am to 5:30pm Monday through Friday and Saturday Dr. Tijerina is there from 10am to 2pm. Everyone has pain but hide it because of our work schedules and day schedules or just take over the counter medications and we are here as an option to let you know that we take care of any type of pain that you may have. We specialize in soft tissue injuries as long as it has not broken, fractured or torn completely. Duration treatment plans are typically 3-4 visits total and that is the average. If treatment is not helping, we try to find out why and what we can do to help. All you would pay with us is your co-pay. Blue Cross Blue shield has made these treatments affordable to you as TAMIU employees. We have many groups that have signed on with some local banks and us just in Laredo alone such as Webb County, USD and LISD. Common pain in sedentary work environments are neck and lower back pain just because you are sitting in a desk all day. We educate you on how to be pain free and how to stay that way.

**V. New Staff Senate Board Nominations Updates:** 2019-2020 TAMIU Staff Senate Executive Board Election Ballot will go out by email next week.

**VI. Chili's Fundraiser results:** Total raised was \$475, thank you everyone who participated in this event that will help give back to our employees.

**VII. TAMIU News and Open floor: Planetarium Shows:** tonight HumpBack Whales, Amazing Journeys, July 10<sup>th</sup> Up, July 11 Jungle Book, Pandas and Phantom of the Universe, July 12 The Summer Sky, Telescope

Observation of the Moon and Planets, July 16 Jungle Book, The Wall, The Mayan Archeoastronomy , July 17 Chicken Little, July 18 Black Holes, Up, Led Zeppelin, Summer Hangout will be July 23<sup>rd</sup> with shows from 11am – 5pm. Last Summer camp Session 4 is from July 15-25, please register.

**IX. Door Prizes:** Kathy Casares, Leticia Cruz, Cihlalli Perez, Alejandro Martinez, Jessica Tamez, Melinda Downie, Jacky Briseno, Albert Chavez, Kelly Higgins

**X. Adjournment:** 2:33pm by Priscilla Martinez and Melinda Downie