

TAMIU



STAFF SENATE

Meeting Minutes

February 11, 2020 – 2:00 P.M. - STC 231

- **Attendance** – Cihlalli Perez, Rosalinda Ochoa, Priscilla A. Martinez, Brittany Harry, Kelly Higgins, Ana M. Vargas, Martha Laura Medina, Heather Benavides, Lorissa Cortez, Gloria Sanchez, Kristina Valenciano, Lorenzo Rodriguez, Sergio Infante, Yelitza Howard
- **Welcome** - Gloria Sanchez called the meeting to order at 2:05pm.
- **Minutes (Review and Approval)**: 1st Lorissa Cortez and 2nd Heather Benavides
- **Treasurer's Report**- - \$3501.02 current balance, pending \$104.92 Chipotle check. After deposit, the total will be \$3605.94.
- **HealthyU -Kristina Valenciano**
 - A PowerPoint was presented to the meeting that showed services provided.
 - Wellness program promotes well-being by providing a work environment which educates, empowers and supports employees to make responsible, healthy choices in their lives and to create a culture of wellness throughout the University environment.
 - Upcoming Events
 - Wellness Wednesday @ 10am- Feb 20th – HEB “Loving Your Heart, Eating Smart” is a 45 minute presentation along with a 15 minute Q&A.
 - Health insurance information was presented about the two-step process. Some employees may need a physical and an assessment. Some might not be offered the assessment and other options.
 - Wellness Fair will be on Feb 19th @ 10am; different health businesses present about themselves and other information. A BMI blood pressure screening and other services were offered.
 - Walking Club will meet Monday/Wednesday @ 4:45 pm and HRT is available. The club will be run by Leticia Cruz. She can be reached at Leticia.cruz@tamiu.edu.
 - New suggestions for HealthyU are always appreciated.
 - Two-step process – Health Insurance for when the process is completed, the lowest premium will be offered. For married couples, a spouse has to complete it as well if on the insurance. More information can be found on tamus.myevive.com
- **Staff Senate News**
 - Spring 2020 Book Scholarship
 - Opens on February 11, 2020 and closes February 25, 2020
 - For eligible employees that are enrolled in TAMIU classes. Recipients of the scholarship should be announced in March's meeting. The application is offered on the staff senate website www.tamiu.edu/staffsenate
- **TAMIU News**
 - February 11: Graduate & Professional School Fair (STC Ballroom, 10a - 2pm, Free and open to the public)
 - Ongoing until February 14: Consent Week
 - Ongoing until February 21: Very Vintage - Society of Martha Washington Gown Display 2020 (Center for the Fine and Performing Arts Gallery)
 - February 29: Discover TAMIU - Saturday 11am – 4pm

- **Open Floor**

- Gloria Sanchez presented about the RotorAct club that is a campus organization to promote an event called “Everlasting Kiss” which is the selling of a bouquet of chocolate kisses for fundraising. Information was provided on ordering the chocolates along with a flyer.
- Career Services Job Fair on February 24th and different workshops being offered for on campus. One is proper professional dress and another on Wednesday about talking to a potential employer.
- Athletics gives a thank you to people who participated on spirit week. Baseball games were being played that following Friday, Saturday, and Sunday.
- Office of Student conduct – conflict resolution trainings to be offered. Can be offered to the department to set up a time for an hour.
- Let’s work it out – A schedule specialty workshop was being offered.
- PR- content manager next Wednesday Feb 19 from 9-11am at ZSC 101, for any who does updates on their department website and handle social media. Tips and information will be provided.
- Site Coordinator for VITA – For this service, income has to be \$66,000 or less for it to be free. For more information, they can be contacted at 956-326-2073 and were appearing at Discover TAMIU.
- A March Airrosti foam rolling class will be offered and will probably be one session; date had not been finalized.

- **Door Prizes**

1. Sergio Infante
2. Cihtlalli Perez
3. Rosalinda Ochoa
4. Martha Laura Medina
5. Kristina Valenciano
6. Lorenzo Rodriguez
7. Ana M. Vargas

- **Adjournment** – 3:00 pm – 1st Heather Benavides & 2nd Cihtlalli Perez