**Introduction to Philosophy – Student Checklist**

**Action Plan**

[ ]  Attend all my classes without skipping any session.

[ ]  Review essay guidelines during the first week of class, including relevant research and course concepts.

[ ]  Complete assigned readings before class.

[ ]  Take notes during each lecture and when reading assigned material. Make sure to include lecture dates.

[ ]  Explain key concepts to myself and to a classmate/friend to examine my own understanding.

[ ]  Actively participate in class by asking questions and engaging with instructors in a two-way learning process.

[ ]  Email professor with questions within 24 hours.

[ ]  Meet with professor during office hours to review my essays and provide feedback before the due date.

[ ]  Stick to study or task schedule during “down-time” (gaps between classes, weekends, etc.).

[ ]  Create folders organized by philosophical thinker to study for exams/use as reference during exams.

[ ]  Attend SI sessions every week.

**Motivation: You Can Do It!**

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| **Two of my goals are to…** *(read ahead the chapters, summarize class notes, meet with my professor, check ACE Self-Help, etc.)* |
| **Two effective habits I have done are…** *(minimize distractions when studying, follow my schedule/planner, attend tutoring, etc.)* |

**I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, agree to adhere to this action plan and give this semester my all.**

**Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**