

## ACE Study Resource – PSYC 2301

### Syllabus:

To search for your course syllabus, follow these instructions.

1. Visit the following website: <https://info.tamtu.edu/>
2. Input your course (ex: MATH 1314) into the “Search” box and make sure you are in the current term (ex: Spring 2022). Click “Search.”
3. Scroll down until you find your specific course (ex: MATH 1314.201) and professor’s name.
4. Click on “Syllabus” under your course and the file will automatically download. You are done!

### Textbook(s):

Wood, S.E, Wood, E.G., & Boyd, D.C. (2018). Mastering the world of psychology. (6<sup>th</sup> Ed). Boston, MA: Pearson. ISBN: 9780134865294

### Concepts:

- Biology & Behavior
- Sensation & Perception
- States of Consciousness
- Learning
- Memory
- Cognition, Language & Intelligence
- Human Development
- Motivation and Emotion
- Health and Stress
- Personality Theory & Assessment
- Psychological Disorders
- Therapies & Social Psychology

### Tips and Strategies:

- Read assigned material in the textbook and supplemental readings.
- Participate in class discussion.
- Review research articles in the field of psychology to clarify material in the textbook.
- Attend lectures, listen closely, write notes, ask questions, and be prepared to answer questions.

### Resources:

- **[Academic Center for Excellence Tutoring](#)**: To book an appointment with visit our website, call (956) 326-4223, or send an email to [academicsupport@tamtu.edu](mailto:academicsupport@tamtu.edu).
- [Open Educational Resources in Psychology](#)

**Practice and Application:**

Below are practice problems to reinforce your knowledge of key course concepts.

**1. According to Maslow, when people's \_\_\_\_\_ needs are not met, it can lead to an inferiority complex.**

- A. Esteem
- B. Safety
- C. Physiological
- D. Social

**2. According to the James-Lange theory of emotion, what precedes emotion?**

- A. Cognitive processing
- B. Appraisal
- C. Physiological arousal
- D. Movement of facial muscles

**3. Which level is right below the highest level of Maslow's hierarchy of needs?**

- A. Safety needs
- B. Social needs
- C. None of the answers are correct
- D. Self-actualization needs

**4. Identify which of the following are valid types of therapy.**

- A. All the answers are correct
- B. Group
- C. Family
- D. Relationship

**5. Conducting studies to compare treatment effectiveness is \_\_\_\_\_.**

- A. non-subjective
- B. subjective
- C. always wrong
- D. never done

**6. Jake is a 25-year-old male seeking help to treat his fear of cats. Jake's therapist suggests a therapy that involves progressive steps, from Jake thinking about a nice cat entering the**

**room up to Jake eventually allowing a cat to sit on his lap. Choose the type of individual therapy that correlates to the approach used by Jake's therapist.**

- A. Dream analysis therapy
- B. Humanistic therapy
- C. Free association therapy
- D. Exposure therapy

**7. The conflict of trust and mistrust is central to the \_\_\_\_\_ stage of development according to Erik Erikson.**

- A. oral-sensory
- B. young adulthood
- C. muscular-anal
- D. latency

**8. Industry and inferiority define the \_\_\_\_\_ stage in Erikson's stages of identity formation.**

- A. latency
- B. oral-sensory
- C. adolescence
- D. muscular-anal

**9. Which is an example of accommodation based on Piaget's stages of cognitive development?**

- A. None of the answers are correct.
- B. After calling all mammals 'dogs', Jill's father corrects her, and she learns to name cats and dogs.
- C. Jack calls all dogs 'dogs.'
- D. Jill calls all mammals 'dogs.'

**10. Descriptive, correlational, and experimental are the three types of \_\_\_\_\_.**

- A. confounds
- B. research designs
- C. hypotheses
- D. statistics

**11. You should avoid using the \_\_\_\_\_ as your measure of central tendency if your data has an outlier.**

- A. mean
- B. mode
- C. meridian
- D. median

**Answer Key**

- 15. C
- 14. B
- 13. C
- 12. B
- 11. A
- 10. B
- 9. B
- 8. A
- 7. A
- 6. D
- 5. A
- 4. A
- 3. C
- 2. C
- 1. A

**Disclaimer:**

- Please use this document as a supplemental resource. You must follow class instructions and expectations set by your professor.
  - This guide does not substitute your class.
  - This guide does not cover the entire syllabus or course.