## COURSE LOAD

College courses are measured in credit hours. A 3 -credit course meets for 2.5 hours per week. Balancing the course load is vital to academic success. In addition to time spent in class, some courses which carry only one credit are often as time-consuming as a lecture class.

Average Course load: 15 Credit hours is the average load per semester that must be carried in order to graduate in 4 years without going to school in the summer. Most majors at TAMIU require a minimum of 120 credit hours to graduate.

Full-time course load: A 12-credit hour load is the minimum required to be classified as a full-time student and may be necessary for students to receive financial aid benefits. Taking only 12 hours per semester would require additional classes (summer, for example) for students wishing to graduate in 4 years.

Course load limit: A 19-hour load (including a lab) is the maximum a student can take in a long semester without the permission of the Dean. A 7-hour load (with a lab) is the maximum for each summer session. Only students with a 3.0 or higher should request an overload.

| School Hours $\times 3=$ |  |
| :---: | :---: |
| Suggested Weekly |  |
| Study Time |  |
|  |  |
| $\frac{\text { Course Load }}{3 \text { hours }}$ | $\frac{\text { Study Time }}{6 \text { hours }}$ |
| 6 hours | 12 hours |
| 9 hours | 18 hours |
| 12 hours | 24 hours |
| 15 hours | 30 hours |

> | Time Management weekly Schedule |  |
| :--- | ---: |
| Hours in a week: | 168 |
| Sleep (7 or 8 per night): | -56 |
| Work | 30 |
| Classes: | -12 |
| Study (2 hours per contact hour) | -24 |
| Eat (home or out-all meals): | $\underline{-14}$ |
| Hours Remaining: | 20 to |

To be used for: Grooming, dressing, laundry, movies, church, sports, dishes, cleaning, going home, phone calls, shopping, friends, games, parties, longer work hours, TV, loafing, extracurricular activities, etc. Some classes need more study time. What will you give up? Sleep? Work hours? Studying?

## WORKING WHILE IN SCHOOL ...

Be realistic! Students who plan to work while in school should follow these guidelines:

A student enrolled for:
17-19 credit hours
14-16 credit hours
12-13 credit hours
7-11 credit hours
6 credits or fewer

Working locally:
Student should not work.
10-15 hours per week
15-20 hours per week
20-30 hours per week
30-40 hours per week

Working out of town:
Student should not work.
Student should not work.
10-15 hours per week
15-20 hours per week
20-30 hours per week

